FARM BOY

CHRISTMAS DINNERS

Scan here to Pre-order by: Wednesday, December 16

Sweet & Juicy
Blackberries or Raspberries
product of Mexico/USA, 170 g



2.99 /pkg



Fresh
Whole Chicken
product of Canada

LOCAL

Canada Grade A

Save $1.66/lb

3.33 /lb
7.34/kg

Excellent Value Delivered Fresh Daily!

Romaine Hearts
product of USA



3.99 /pkg

Fresh
Pork Tenderloin
family pack size, product of Ontario

SWEET DEAL!



Save $3/lb

4.99 /lb
11.00/kg

Coho
Salmon Fillets
frozen or previously frozen, product of Chile, also available marinated for $10.99/lb ($24.23/kg)

SWEET DEAL!



Save $4/lb

9.99 /lb
22.02/kg

Sofina
Oven Roasted Turkey Breast
all varieties



Sliced fresh at our Deli Counter!

LOCAL

2.99 /100 g

Greenhouse
Plant-Based Beverages
$6.99 ea, all varieties, 946 mL

BUY ONE, GET ONE FREE



Handmade in store
Eggnog Cruffies 335 g
Also available in three year-round flavours!

SWEET DEAL!



A FARM BOY FRESH TWIST

Save $2/pkg

3.99 /pkg

Dempster's
Grain Breads all varieties, 600 g



Save $1.20–$1.50 ea

3.49 ea

Farm Boy™
Stone-Baked Pizza
all varieties, frozen, 330-375 g

Enjoy a pizzeria-style meal in minutes!



Save $1 ea

4.99 ea

Farm Boy™
Pasta $2.29/pkg, select varieties, 450 g

BUY ONE, GET ONE 50% OFF



MadeGood
Granola Bars, Mini Cookies, or Squares all varieties, pkg of 5-6, 120-150 g



Organic

Save $1.50/pkg

3.49 /pkg

Oikos
Greek Yogurt all varieties, 650-750 g



Save $2.02 ea

6.97 ea

Favuzzi
Tomato Basil Sauce
imported from Italy

HOT DEAL!



Velvety and flavourful, in a convenient 1 L bottle.

9.99 ea

Product of Canada: All or virtually all major ingredients (min 98%), processing, and labour used to make the food product are Canadian.

Prepared in Canada: Products are crafted in Canada with either a combination of domestic and imported ingredients or imported ingredients only.

A FARM BOY FRESH TWIST

Discover what makes us different! Look for this mark in store.

FRESH SPECIALS IN EFFECT: Thurs., November 19 to Wed., November 25, 2026.
Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials.
Visit **farmboy.ca** for store hours. **Not all products are available at all stores.**

Scan here for our full digital flyer

@officialfarmboy

Visit **farmboy.ca** for a full list of store addresses to find a location near you.

Meat & Seafood Market

Farm Boy™
Chicken Breast Schnitzel
made by us



Save $2/lb

9.99 /lb 22.02/kg

Farm Boy™
Stuffed Bell Peppers or Portabella Mushrooms
made by us



Save $1/lb

9.99 /lb 22.02/kg

Cut from Canada AAA Beef
Sirloin Tip Oven Roast
aged a minimum of 14 days



Save $3/lb

9.99 /lb 22.02/kg

Ground In-Store Daily
Lean Ground Beef
family pack size, product of Canada



Save $1/lb

7.99 /lb 17.61/kg

Halenda's
Smoked Back Bacon or Boneless Pork Ribeye
product of Canada



Save $2/lb

5.99 /lb 13.21/kg

Farm Boy™
Cooked Shrimp
frozen, 16-19 shrimp per bag, 21-25/lb count, 340 g



Save $4/pkg

9.99 /pkg

Farm Boy™
Whole Lotta Chicken or Beef & Cheese Curd Pot Pie

- Made fresh by our chefs with satisfying ingredients.
- Loaded with savoury fillings baked in a buttery pastry.

650-660 g



Save $2 ea

10.99 ea

Orsini
Sundried Tomato Halves
200 g

HOT DEAL!



3.99 ea

Farm Boy™
8" Tortillas
all varieties, 425 g



Save $1/pkg

2.99 /pkg

Farm Boy™
Fruit-Filled Jams
all varieties, 250 mL



Save $1 ea

3.99 ea

Farm Boy™
Cream Cheese
250 g



Save $1 ea

3.99 ea

Oatly
Barista Edition Oat Beverage
946 mL

SWEET DEAL!



Save $2 ea

4.49 ea

Filsinger's Organic Foods
Apple Sauce Pouches
113 mL

HOT DEAL!



1.67 ea

Farm Boy™
Soups
all varieties, 398 mL



2/7.00

Burnbrae Farms
or Green Valley
Solar Free Range Eggs
Free Range Eggs
Canada Grade A, 1 dozen



Save $1.22-$1.72/pkg

6.77 /pkg

This week's FRESH produce picks!

Heirloom Tomatoes
Canada No. 1 Grade, product of Canada



3.99 /lb 8.80/kg

Holborne
Organic Oyster or Shiitake Mushrooms
product of Canada, 227 g



5.99 /pkg

Farm Boy™
Organic Microgreens
all varieties, product of Canada, 65 g



3.99 /pkg

Garlic
product of Canada, 115 g



2.95 /pkg

White
Potatoes Canada No. 1 Grade, product of Canada



5.00 /bag

Harvest Fresh
Chopped Kale or Spinach
product of Canada/USA, 227-284 g

2.75 /pkg

Orange or Multicolour
Baby Carrots
Canada No. 1 Grade, product of Canada

2.95 /lb 6.50/kg

Fresh
Broccolini product of USA

2.50 /bunch

Caribbean Papaya
product of Guatemala/Mexico

1.49 /lb 3.28/kg

Farm Boy™
Frozen Wild Blueberries
Canada No. 1 Grade, product of Canada

18.99 /pkg

Bartlett or Bosc Pears
Canada Extra Fancy Grade, product of Canada

5.99 /basket

Avocados product of Mexico

5.00 /bag

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. **Not all products are available at all stores.**

Fresh from Farm Boy

Farm Boy™
Homestyle Chicken Gravy

- Crafted in our kitchen with real, simple ingredients.
- Made with our exclusive recipe featuring house-made chicken stock and a signature spice blend.
- Rich, velvety, and flavourful, it's a convenient and savoury addition to any meal.

445 mL





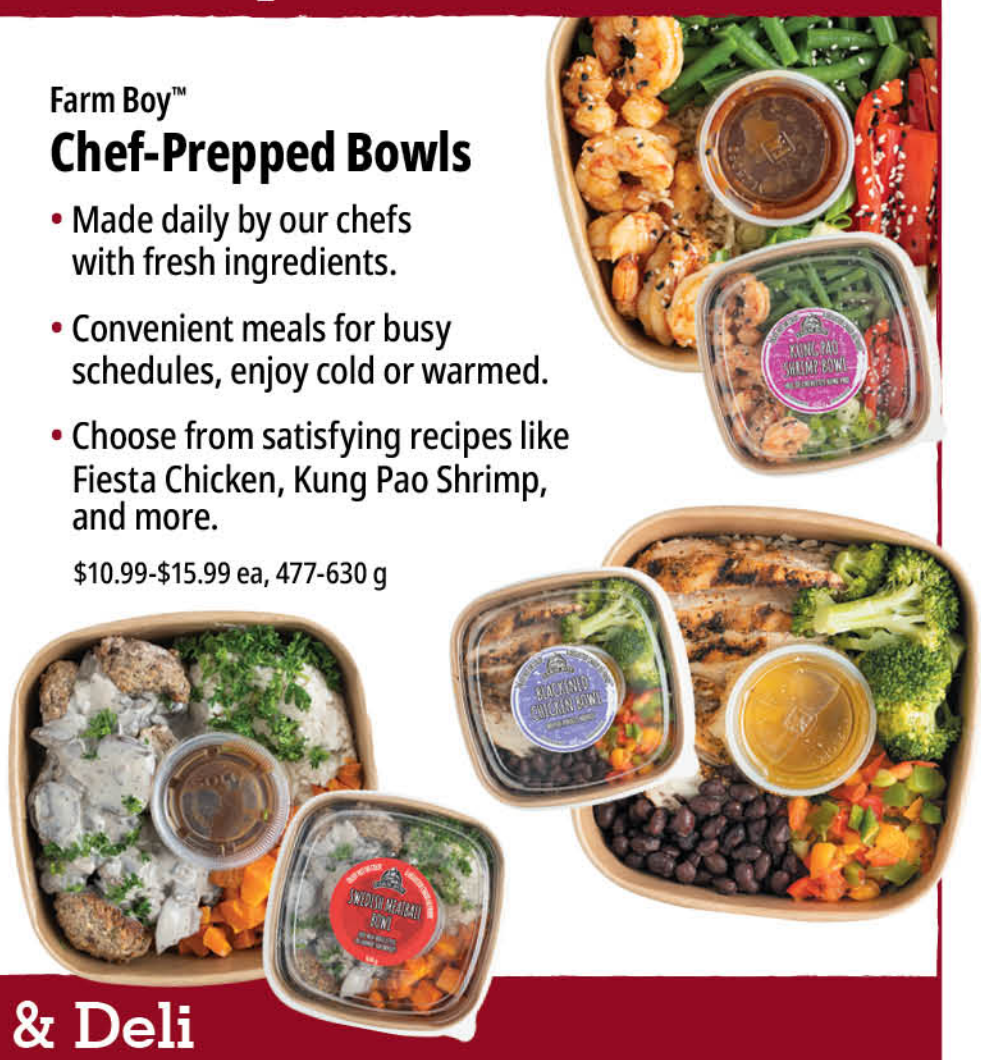
Save $1 ea

2.99 ea

Farm Boy™
Chef-Prepped Bowls

- Made daily by our chefs with fresh ingredients.
- Convenient meals for busy schedules, enjoy cold or warmed.
- Choose from satisfying recipes like Fiesta Chicken, Kung Pao Shrimp, and more.

$10.99-$15.99 ea, 477-630 g



Cheese & Deli

Briette
Creamy Brie
product of Germany, 125 g



Available in Creamy & Blue or Creamy & Mild

Save $1 ea

5.49 ea

Farm Boy™
Hot Rolled Pancetta

HOT DEAL!



Sliced fresh at our Deli Counter

Save 40%

2.39 /100 g

Saputo
Mozzarella Fresca 190 g



Save $1 ea

5.99 ea

Light
Swiss-Style Cheese
cut fresh at our Cheese Counter, product of Canada



Save $1/100 g

2.99 /100 g

Brandt
Polish Style Ham
sliced fresh at our Deli Counter



LOCAL

2.99 /100 g

Brandt
Kolbassa Coils all varieties,
cut fresh at our Deli Counter



LOCAL

1.99 /100 g

Bake Shop

Baked Fresh in Store
Homestyle Cookies
all varieties, 350-480 g



LOCAL

5.99 /pkg

From the Bake Shop
Sourdough Batard
540 g



LOCAL

Chewy texture and tangy flavour!

4.99 ea

From the Bake Shop
Bar Cakes
all varieties, 6"x4", 400-700 g

SWEET DEAL!



Save $2 ea

12.99 ea

From the Bake Shop
Mini Strudels
all varieties, 400 g



LOCAL

Save $1/pkg

4.99 /pkg

From the Bake Shop
Calabrese Bread
all varieties, 600 g



LOCAL

Save $1 ea

3.99 ea

From the Bake Shop
Portuguese Sweet Buns
420 g



LOCAL

4.99 /pkg



Seasonally Inspired
Medium Bouquets

Long-lasting vase life!

Save $1 ea

14.00 ea



Festive
Mumsettia
8" pot

LOCAL

Save $4 ea

12.00 ea

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Protein Powered Favourites

Vega
All-in-One Nutritional Shakes

- Packed with essential vitamins, minerals, and 20 g of plant-based protein per scoop!
- Vegan, gluten-free, and no added sugar.
- Available in Chocolate or Vanilla flavours.

414-461 g



39.99 ea

RXBAR
Protein Bars all varieties, 52 g



No added sugar!

3.29 ea

Brüst
Cold Brew Protein Coffee
all varieties, 330 mL



LOCAL

3.99 ea

Todd's Better Snacks
Egg-cellent Protein Puffs
all varieties, 70 g



Save $1 ea

6.99 ea

Protein Candy
Gummies all varieties, 50 g



5.49 /pkg

Simply
Protein Shakes all varieties, 4x330 mL

HOT DEAL!



20 g of protein per serving!

8.99 /pkg

Dempster's
Protein Bagels, Bread, & Tortillas
all varieties, 450-600 g



Save $1 ea

4.99-6.99 ea

Quaker
Instant Protein Oatmeal
all varieties, 168–264 g



5.49 /pkg

Bob's Red Mill
Protein Pancake & Waffle Mix

- Packed with 16 g of protein per serving!
- Convenient and ready-to-use, just mix with water.
- Made with stone-ground flour, whey and pea proteins, and sweet cream buttermilk.

397 g





Save $2 ea

14.99 ea

Dairy & Frozen

Silk
Protein Beverages
all varieties, 1.42 L



Lactose and dairy-free!

Vegan

Save $1 ea

6.99 ea

Neilson
High Protein Beverages
2%, 3.25%, or chocolate, 1.89 L

Perfect for busy schedules, fitness routines, and every day routines.



Save $1-$1.50 ea

6.49 ea

Greenhouse
Protein Shakes
all varieties, 900 mL

Packed with simple ingredients and 20 g of protein.

Vegan



LOCAL

Organic

Save $2 ea

9.99 ea

Oikos
PRO Yogurt
all varieties, 650 g



Save $2.02 ea

6.97 ea

Oikos
PRO Drinkable Yogurt
all varieties, 300 mL



Save $1 ea

2.99 ea

Daryl's Bars
Performance Protein Bars
all varieties, 55-85 g



LOCAL

2.50 ea

Armstrong
Cheese Sticks
pkg of 10, 210 g



Save $1/pkg

6.49 /pkg

Burnbrae Farms
Eggs2GO! pkg of 2, 88 g



1.50 /pkg

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Prepared fresh daily by us!

At the Chef's Market

Enjoy a delicious selection of hot, grab-and-go meals, all **made from scratch daily** by us. The perfect combination of excellent value and convenience, the hardest part is choosing what you want! Whether you're on a tight lunch schedule or looking to relax for the evening, we think you'll love our freshly prepared options.

Menu Feature of the Week:

Philly Cheesesteak Sandwich

$9.99 ea, 400 g

- Made with thinly sliced, succulent beef.
- Loaded with perfectly grilled sweet peppers and caramelized yellow Spanish onions.
- Stuffed into a soft submarine bun and smothered in savoury cheese.
- Prepared fresh by the Farm Boy Chefs and ready for you to enjoy!

Pick up your next takeout meal or enjoy a relaxing dine-in experience at your local Farm Boy!

Not available at all locations.

Grab 'n Go



Find it in the Freezer

Every Farm Boy is stocked with an expansive assortment of convenient frozen products we think you'll love. From internationally inspired dishes and decadent desserts to quality meats and easy meal solutions, there are options to suit every palate and dietary preference. This includes plenty of plant-based, vegan, and organic choices!





Farm Boy™

Mini Chicken Perogies

$5.49/pkg, 400 g

- Juicy seasoned chicken wrapped in tender dough.
- Versatile, bite-sized dumplings for appetizers, snacks, or adding to soups and meals.
- Just bake, boil, air-fry, or pan-fry for a delicious dish in minutes!

Farm Boy™

Jamaican-Style Patties

$8.99/pkg, 600 g

- Crafted with quality ingredients and our own recipes!
- Proudly prepared in Canada.
- Available in Chicken, Spicy Beef, or Vegetable.



Farm Boy™

Plant-Based Calamari Rings

$9.99/pkg, 300 g

- Crafted using wholesome, fibre-loaded konjac.
- Crispy on the outside, tender and chewy on the inside.
- Coated with a savoury Japanese-style breading.



Farm Boy™

Plant-Based Veggie Grounds

$7.99/pkg, 300 g

- Umami-rich, plant-based, ground meat alternative.
- Crafted using pea protein and oyster mushrooms.
- Available in Original or Spicy Chorizo.



Farm Boy™

Ramen Kit

$9.99 ea, 414 g



Farm Boy™

Brazilian Style Cheese Buns

$8.99/pkg, 450 g



Farm Boy™

Old World-Style Cabbage Rolls

$14.99/pkg, 907 g



Farm Boy™

Mini Potato Latkes

$6.99/pkg, 400 g



Farm Boy™

Portuguese Tarts

$7.99/pkg, 450 g



Farm Boy™

Churro Bites

$9.99/pkg, 360 g



Farm Boy™

Éclairs

$7.99/pkg, 240 g



Farm Boy™

Cheesecakes

$13.99 ea, 500 g

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HAYTER'S FARM
TASTE & TRADITION

Discover Hayter's Farm products at your local Farm Boy and learn about your chance to win **free turkey for a year!**

You Could

WIN

FREE TURKEY FOR A YEAR!

1 Cook it. 2 Snap it. 3 Tag it.

Post on IG or FB and tag
@HaytersFarm



Spanish Style Oven Baked Rice and Chickpeas

PREP: **10 mins** | COOK TIME: **45 mins** | SERVES: **6** | DIFFICULTY: **Easy**

View Full Recipe Online

Ingredients

1 ½ Tbsp Farm Boy™ Extra Virgin Olive Oil, plus more for drizzling

½ pack Farm Boy™ Spanish Chorizo, diced

1 ¼ cups diced onion

1 cup diced red bell pepper

1 tsp Farm Boy™ Paprika

1 jar (290 g) Farm Boy™ Sofrito Sauce

1 Tbsp Farm Boy™ Organic Tomato Paste

2 ½ cups Farm Boy™ Organic Low Sodium Vegetable or Chicken Broth

Large pinch Farm Boy™ Spanish Saffron

1 can (398 mL) Farm Boy™ Organic Chickpeas, drained and rinsed

¼ cup dried currants, raisins, or diced Farm Boy™ Organic Deglet Noor Dates, optional

Salt to taste

1 cup Farm Boy™ Calrose Medium Grain White Rice, rinsed

1 head garlic, the top cut off

Parsley leaves for garnish

Lemon wedges for serving

Directions

1. In a 10" oven safe skillet or paella pan, heat 1 ½ tablespoons Farm Boy™ Extra Virgin Olive Oil over medium-high heat. Add diced Farm Boy™ Spanish Chorizo and cook, stirring often, until crispy, about 5 minutes.

2. Add onions, bell peppers, and Farm Boy™ Paprika. Cook, stirring often, until vegetables are tender, about 7 minutes.

3. Add Farm Boy™ Sofrito Sauce and Farm Boy™ Organic Tomato Paste and cook for 3 minutes.

4. Add Farm Boy™ Organic Low Sodium Vegetable Broth, Farm Boy™ Spanish Saffron, Farm Boy™ Organic Chickpeas, currants, and salt to taste. Bring to a boil.

5. Add Farm Boy™ Calrose Medium Grain White Rice and bring to a boil again. Nestle garlic head in the centre of the skillet and place in the oven. Bake, uncovered, until rice is al dente and the liquid has been absorbed, about 20 minutes. Remove from the oven and cover with foil or tea towel. Allow to steam for 10 minutes before serving.

6. Garnish with parsley leaves. Serve with lemon wedges and a drizzle of extra virgin olive oil.



FARM BOY®

COMPLETE CHRISTMAS DINNER



Includes A Treat from our Chefs!

SERVES 6-8 PEOPLE



DON'T FORGET TO ADD DESSERT!

Turkey or Ham

You Choose!

Enjoy a roasted turkey with cranberry ginger sauce and turkey gravy, or choose a ham with maple mustard glaze and honey mustard cream sauce.

Includes four delicious sides to complete your meal:

Chive mashed potatoes	Cranberry apple sausage stuffing	Sliced Brussels sprouts	Roasted baby carrots



2 Hour Cooking Time Required

ALL PICTURES SHOWN ARE FOR ILLUSTRATION PURPOSES ONLY.

PRE-ORDERS CLOSE:
December 16

PICK-UP DATES:
December 23–24

Pre-order in-store or online at **farmboy.ca**/specialty-dinners/ - *While quantities last!*

CHRISTMAS
DINNER FOR TWO

This Christmas, enjoy restaurant quality dining at home with this incredibly priced 4-course meal designed by the Farm Boy Chefs.

Simply **pre-order in-store or online** for pickup, follow the heating instructions, and enjoy!



MENU

Sweet Potato & Parsnip Soup
Apple Compote

Beet and Goat Cheese Salad with Mandarins

Roast Turkey Breast
Cranberry, Apple, and Sausage Stuffing
Chive Mashed Potatoes
Roasted Whole Baby Carrots
Sliced Brussels Sprouts
Turkey Gravy
Cranberry Ginger Sauce

Brandied Christmas Cake
Cinnamon Custard



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December 16

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Pre-order in-store or online at **farmboy.ca**/specialty-dinners/ - *While quantities last!*

"A Farm Boy Fresh Twist" on Family Shopping

A FARM BOY FRESH TWIST™

A fun, fresh-market experience.



Always excellent value.

With quality, convenience, and excellent value as our cornerstones, families can trust in the knowledge of getting the most bang for their buck.

A source of inspiration.

We love our communities! In-store events, giveaways, live entertainment, and more transform grocery shopping from an errand into something fun.



A friendly, welcoming atmosphere.

We make grocery shopping simpler, with a kid-friendly store featuring appearances by our mascots Mikey the Monkey, Lulu the Cow, and Buddy the Dog, as well as easy-to-navigate layout, great pricing on quality items, and a little touch of magic in the everyday.



Wholesome and abundant.

Our stores are stocked with high-quality produce that gets you closer to the farm, convenient mealtime solutions, curated items we think you'll love, and more.

Learn More