New Year's Eve

DINNER FOR TWO





MENU

Red Pepper Bisque
with Pesto Cream

★★★★★

Cranberry Orange Pecan Brie Bake,
Mini Loaf, Lemon Garlic Argula Greens

★★★★★

Mushroom & Spinach Stuffed Chicken Breast,
Roasted Vegetables & Garlic Mashed Potatoes

★★★★★

Cherry Clafoutis with Vanilla Bean
Chantilly Cream

30 MINUTES REHEATING





REHEATING & SERVING INSTRUCTIONS

PREHEAT THE OVEN TO 350°F (175°C)

Red Pepper Bisque with Pesto Cream

Place soup in a medium saucepan and simmer over medium-low heat until internal temperature reaches **165°F (74°C)**.
Serve with Pesto Cream.

Mini Loaf

Remove the Mini Loaf from the plastic bag, place on an oven safe tray and toast, uncovered, in a preheated oven, at **350°F (175°C)** for **5 minutes**.

Cranberry, Pecan & Orange Brie Bake with Lemon Garlic Arugula Greens

Remove the plastic lid from the container. Place on an oven safe tray and bake, uncovered, in a preheated oven, at **350°F (175°C)** for **15-20 minutes,** until internal temperature reaches **165°F (74°C)**.
Toss the Arugula Greens with the Lemon Garlic Dressing and serve together with the loaf.

Mushroom & Spinach Stuffed Chicken Breast with Truffle Butter and Red Wine Demi-Glace

Remove the plastic lid from the container. Place on an oven safe tray and bake, uncovered, in a preheated oven, at **350°F (175°C)** for **25-30 minutes**, until internal temperature reaches **165°F (74°C)**.
Place sauce in a small saucepan and simmer over medium-low heat until internal temperature reaches **165°F (74°C)**.

Garlic Mashed Potato and Roasted Root Vegetables

Remove the plastic lid from the container. Place on an oven safe tray and bake, uncovered, in a preheated oven, at **350°F (175°C)** for **20-25 minutes**,until internal temperature reaches **165°F (74°C)**.

Cherry Clafoutis with Vanilla Bean Chantilly Cream

Serve the Cherry Clafoutis at ambient temperature along with chilled Chantilly Cream.

NUTRITIONAL INFORMATION

PLEASE NOTE: All produced in a facility where these common allergens are present.
MAY CONTAIN: peanuts, tree nuts, sesame, milk, eggs, fish/seafood, soy, wheat/gluten, sulphites, mustard.

KEEP ALL ITEMS IN DINNER REFRIGERATED

RED PEPPER BISQUE WITH PESTO CREAM

Nutrition Facts / Valeur nutritive
Per 1 cup (250 mL)
Pour 1 tasse (250 mL)

Calories 200	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 16 g	21 %
Saturated / saturés 8 g + Trans / trans 0.2 g	40 %
Carbohydrate / Glucides 13 g	
Fibre / Fibres 3 g	10 %
Sugars / Sucres 7 g	7 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 20 mg	
Sodium 550 mg	24 %
Potassium 350 mg	10 %
Calcium 50 mg	4 %
Iron / Fer 1 mg	6 %

* 5% or less is **a little**, 15% or more is **a lot**
* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Ingredients: Red pepper bisque (water, red peppers, cream 35% M.F., Yukon potatoes, onions, tomato paste, olive oil, garlic, canola oil, salt, black pepper) • Pesto and cream sauce (cream 35% M.F., sour cream, Farm Boy™ Fresh Basil Pesto [olive oil, fresh basil, spinach, walnuts, Asiago cheese, lemon juice, garlic, salt]).
Contains: Milk • Walnuts.
May contain: Peanuts • Other tree nuts • Sesame • Eggs • Fish • Shellfish • Soy • Wheat • Sulphites • Mustard.

MUSHROOM & SPINACH STUFFED CHICKEN BREAST

Nutrition Facts / Valeur nutritive
Per 1/2 package (225 g)
Pour 1/2 emballage (225 g)

Calories 400	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 21 g	28 %
Saturated / saturés 11 g + Trans / trans 0.5 g	57 %
Carbohydrate / Glucides 29 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 39 g	
Cholesterol / Cholestérol 45 mg	
Sodium 970 mg	42 %
Potassium 700 mg	21 %
Calcium 75 mg	6 %
Iron / Fer 3 mg	17 %

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Ingredients: Canola oil • Chicken breast • Toasted bread crumbs • Cream cheese (milk ingredients, salt, bacterial culture, carob bean gum, sorbic acid*) • Butter • Pasteurized milk • Liquid whole egg (liquid whole egg, citric acid) • Enriched wheat flour • Kale • Mushrooms • Spinach • Onions • Farm Boy™ Garlic Flowers (garlic flowers, canola or sunflower oil, lactic starter, acetic acid, lactic acid) • Salt • White cooking wine • Olive oil • White truffle flavoured oil (extra virgin olive oil, white truffle aroma) • Garlic • Black pepper • Onion powder • Garlic powder • Dried parsley.
Contains: Eggs • Milk • Wheat • Sulphites.
May contain: Peanuts • Tree nuts • Sesame • Fish • Shellfish • Soy • Mustard.

DEMI-GLACE SAUCE

Nutrition Facts / Valeur nutritive
Per 2 tbsp (30 mL)
Pour 2 c. à soupe (30 mL)

Calories 45	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 3 g	4 %
Saturated / saturés 2 g + Trans / trans 0.1 g	10 %
Carbohydrate / Glucides 2 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 10 mg	
Sodium 140 mg	6 %
Potassium 30 mg	1 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %

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Ingredients: Water • Veal demi-glace sauce (veal stock, white wine, mushrooms, modified cornstarch, water, veal glace, onion, tomato paste, carrot, celery, leek, cane sugar, sea salt, duck fat, garlic, butter, spices) • Red cooking wine (fermented cabernet sauvignon grape juice) • Onions • Butter • Balsamic vinegar (concentrated grape must, wine vinegar, caramel colour) • Cornstarch • Garlic • Salt • Black pepper • Olive oil.
Contains: Milk • Sulphites.
May contain: Peanuts • Tree nuts • Sesame Eggs • Fish • Shellfish • Soy • Wheat • Mustard.

CRANBERRY ORANGE PECAN BRIE BAKE

Nutrition Facts / Valeur nutritive
Per 1/2 package (133 g)
Pour 1/2 emballage (133 g)

Calories 430	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 29 g	39 %
Saturated / saturés 16 g + Trans / trans 1 g	83 %
Carbohydrate / Glucides 23 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 21 g	
Cholesterol / Cholestérol 85 mg	
Sodium 500 mg	22 %
Potassium 175 mg	5 %
Calcium 600 mg	46 %
Iron / Fer 0.3 mg	2 %

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Ingredients: Farm Boy™ Double Cream Brie (pasteurized milk, pasteurized cream, salt, calcium chloride, microbial enzyme, bacterial culture, penicillium candidum) • Dried cranberries (cranberries, sugar, sunflower oil) • Pecan pieces • Orange marmalade jam (sugars [glucose-fructose, corn syrup, concentrated orange juice], orange peel, water, citric acid, pectin, sodium citrate,sodium benzoate, mono and diglycerides) • Salt • Rosemary.
Contains: Milk • Pecans.
May contain: Peanuts • Other tree nuts • Sesame • Eggs • Fish • Shellfish • Soy • Wheat • Sulphites • Mustard.

LEMON GARLIC ARUGULA GREENS

Nutrition Facts / Valeur nutritive
Per 1/2 package (35 g)
Pour 1/2 emballage (35 g)

Calories 120	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 12 g	16 %
Saturated / saturés 1 g + Trans / trans 0.1 g	6 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 0.4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 200 mg	9 %
Potassium 50 mg	1 %
Calcium 20 mg	2 %
Iron / Fer 0.2 mg	1 %

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Ingredients: Farm Boy™ Lemon Garlic Dressing (sunflower oil, vinegar, lemon juice from concentrate, extra virgin olive oil, dehydrated garlic, sea salt, black pepper, garlic essence, xanthan gum) • Arugula.
Contains: Ø
May contain: Peanuts • Tree nuts • Sesame • Eggs • Milk • Fish • Shellfish • Soy • Wheat • Sulphites • Mustard.

ROASTED VEGETABLES & GARLIC MASHED POTATOES

Nutrition Facts / Valeur nutritive
Per 1/2 package (287 g)
Pour 1/2 emballage (287 g)

Calories 370	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 19 g	26 %
Saturated / saturés 6 g + Trans / trans 0.5 g	33 %
Carbohydrate / Glucides 45 g	
Fibre / Fibres 7 g	27 %
Sugars / Sucres 9 g	9 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 25 mg	
Sodium 840 mg	37 %
Potassium 1050 mg	31 %
Calcium 125 mg	10 %
Iron / Fer 2 mg	11 %

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Ingredients: Mashed potato with chives (potatoes, cream, milk, butter, chives, salt, spice) • Carrots • Parsnips • Canola oil • Garlic • Parsley • Salt • Black pepper.
Contains: Milk.
May contain: Peanuts • Tree nuts • Sesame • Eggs • Fish • Shellfish • Soy • Wheat • Sulphites • Mustard.

MINI LOAF

Nutrition Facts / Valeur nutritive
Per 1/2 loaf (75 g)
Pour 1/2 pain (75 g)

Calories 210	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 4 g	5 %
Saturated / saturés 0.5 g + Trans / trans 0 g	3 %
Carbohydrate / Glucides 37 g	
Fibre / Fibres 1 g	5 %
Sugars / Sucres 3 g	3 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 35 mg	
Sodium 440 mg	19 %
Potassium 75 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 2.25 mg	13 %

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Ingredients: Enriched wheat flour • Water • Liquid whole egg • Sugar • Canola oil • Salt • Fresh yeast • Egg yolk colour (sugar, tartrazine, amaranth).
Contains: Eggs • Wheat.
May contain: Peanuts • Tree nuts • Sesame • Milk • Fish • Shellfish • Soy • Sulphites • Mustard.

CHERRY CLAFOUTIS WITH VANILLA BEAN CHANTILLY CREAM

Nutrition Facts / Valeur nutritive
Per 1/2 package (161 g)
Pour 1/2 emballage (161 g)

Calories 420	% Daily Value * / % valeur quotidienne*
Total Fat / Lipides 26 g	35 %
Saturated / saturés 17 g + Trans / trans 0.4 g	89 %
Carbohydrate / Glucides 43 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 35 g	358
Protein / Protéines 8 g	
Cholesterol / Cholestérol 145 mg	
Sodium 210 mg	9 %
Potassium 175 mg	5 %
Calcium 75 mg	6 %
Iron / Fer 1.5 mg	8 %

* 5% or less is **a little**, 15% or more is **a lot**
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Ingredients: Cream 35% M.F. (cream, milk, carrageenan, mono and diglycerides, cellulose gum, dextrose) • Farm Boy™ Dark Cherries • Sugars (sugar, icing sugar, decorating sugar) • Liquid whole egg • Enriched wheat flour • Sour cream (milk ingredients, modified cornstarch, guar gum, carrageenan, carob bean gum, sodium citrate, sodium phosphate, bacterial culture) • Vanilla bean paste (organic invert sugar, organic vanilla extract, organic vanilla bean seeds, xanthan gum, organic acacia gum) • Salt.
Contains: Eggs • Milk • Wheat.
May contain: Peanuts • Tree nuts • Sesame • Fish • Shellfish • Soy • Sulphites • Mustard.

If there are any issues with your dinner, please reach out to the store directly. Store phone numbers can be found on **farmboy.ca.**