



THANKSGIVING DINNERS

Enjoy a festive feast with
our chef-prepared dinners for 2 or 6-8!

Scan here to order by:
Sunday, October 4



While quantities last.

Romaine Hearts product of Canada



Delivered
fresh daily to
our stores!

PKG
OF 3

2.99
/pkg



Fresh
**Whole
Chicken**
product
of Canada



2.99
/lb
6.59/kg

Save \$2/lb

Excellent Value Delivered Fresh Daily!

Large, Seedless
Navel Oranges product of Chile/South Africa



1.29
/lb
2.84/kg

Fletcher's
**Thick Cut
Smoked Bacon**
product of Canada,
375 g



HOT DEAL!

3.99
/pkg

Marinated
Raw Shrimp Skewers
previously frozen, all varieties, 60 g



Perfect
for easy
meal prep!

1.99
/skewer

Save \$.50/skewer

St. Albert Dairy Co-Op
**Fresh White
Cheese Curds**
all varieties,
product of Canada



2.99
/100 g

Oikos
Greek Yogurt all varieties, 650-750 g



Save \$2.02 ea

6.97
ea

From the Bake Shop
**Sourdough
Batard**
540 g



Save \$1 ea

3.99
ea

Farm Boy™
Popcorn
all varieties,
125 g



Save \$.61 ea

2.88
ea

Farm Boy™
**Organic Milk
or Cream**
all varieties, 946 mL,
refundable deposit req'd



Fresh from
Ontario
farms!

Save \$1-\$2 ea

3.99
ea

Farm Boy™
Skipjack Tuna all varieties, 170 g



Save \$.49 ea

2/4.00

Zevia
Zero Sugar Sodas
all varieties, 6x355 mL



Save \$1/pkg

6.99
/pkg

Silk
**Plant-Based
Beverages**
all varieties, 1.89 L



Save \$1.91 ea

3.88
ea

Farm Boy™
Canned Tomatoes
all varieties, 796 mL



Save \$.52 ea



1.97
ea

Product of Canada: All or virtually all major ingredients (min 98%), processing, and labour used to make the food product are Canadian.

Prepared in Canada: Products are crafted in Canada with either a combination of domestic and imported ingredients or imported ingredients only.



Discover what
makes us different!
Look for this
mark in store.

FRESH SPECIALS IN EFFECT: Thurs., September 17 to Wed., September 23, 2026.

Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials.
Visit farmboy.ca for store hours. Not all products are available at all stores.

Scan here
for our full
digital flyer



@officialfarmboy



Visit farmboy.ca for a full list of store addresses to find a location near you.

Meat & Seafood Market

Chef's Market

Farm Boy™
Fresh Pork Sausages
all varieties,
500 g



Save \$1/pkg

6.99
/pkg

Ground In-Store Daily
Lean Ground Beef
family pack size, product of Canada



Save \$1/lb

7.99
/lb
17.61/kg

Cut from Canada AAA Beef
Boneless Beef Blade Roast



Aged a minimum
of 14 days.

Save \$2/lb

11.99
/lb
26.43/kg

Cut from Canada AAA Beef
Bone-in Rib Grilling Steaks



Aged a minimum
of 28 days.

Save \$2/lb

24.99
/lb
55.09/kg

Boneless
Pork Loin Chops
family pack size, product of Canada



Save \$2/lb

4.99
/lb
11.00/kg

Farm Boy™
Mini Fish Taco Appetizers
400 g



Save \$3/pkg

7.99
/pkg

Farm Boy™
Broken Dumpling Soup

LIMITED
TIME ONLY!

- Our twist on dumpling soup—ground chicken, veggies, and our chicken dumplings.
- Umami-rich broth simmered with rice vinegar, soy sauce, sweet chili, and mirin.
- Finished with cilantro, green onions, and crushed chilies for an unforgettable taste!

946 mL

A FARM BOY
FRESH
TWIST



7.99
ea

Farm Boy™
Homestyle Pasta Sauce
all varieties, 480-680 mL



Save \$.52 ea

5.47
ea

Terra Delyssa
Extra Virgin Olive Oil 1 L



Save \$7 ea

12.99
ea

VeggiPasta
Gluten-Free Pasta

all varieties, 340 g

Made from just one
ingredient: peas!



2.99
/pkg

Farm Boy™
Sour Cream
14% or 18% M.F.,
500 mL



Save \$.52-\$.72 ea

3.77
ea

Remix
Dark Chocolate Bean Bark
all varieties,
100 g



4.99
/pkg

St. Dalfour
Fruit Spreads
all varieties,
225 mL



Save \$1.50 ea

5.99
ea

Stonemill Bakehouse
Honest Wellness Breads
all varieties, 454-550 g



Save \$1 ea

4.79
ea

Farm Boy™
Fries
frozen,
all varieties,
400-600 g



Save \$.50/pkg

4.99
/pkg

★ **FRESH CANADIAN Produce Arriving Daily!** ★

Baby Carrots
Canada No. 1 Grade,
product of Canada,
340 g



1.75
/pkg

Organic Shiitake Mushrooms product of Canada,
227 g



4.99
/pkg

Red, Orange, or Yellow
Sweet Bell Peppers
product of Canada



2.49
/lb
5.49/kg

Seedless Cucumbers
Canada No. 1 Grade,
product of Canada



2/3.00

Celery Canada No. 1 Grade,
product of Canada



1.85
/bunch

Green or Red
Cabbage Canada No. 1 Grade,
product of Canada



.65
/lb
1.43/kg

Assorted Squash
Buttercup, Butternut, Pepper,
or Spaghetti, product of Canada



1.25
/lb
2.76/kg

Heirloom Tomatoes
Canada No. 1 Grade,
product of Canada



2.50
/pkg

Large
Lemons
product of South Africa



3/2.50

Bosc Pears Extra Fancy Grade,
product of California



1.99
/lb
4.39/kg

Whole or Cored
Golden Pineapples
product of
Costa Rica



5.99
ea

Large
Avocados product of Mexico



4/5.00

Fresh from Farm Boy

Farm Boy™

Asian-Style Noodles

- Fresh, tender, and cooks in minutes.
- Available in Chow Mein, Ramen, and Udon.
- Proudly prepared in Ontario using authentic recipes. all varieties, 355-450 g



Save \$.50 ea

2.99 ea



Summ!

Bao Buns, Gyoza, Mandu & Spring Rolls

- Made in small batches using high-quality ingredients.
- Choose from delicious dumplings and rolls inspired by Asian cuisine, each packaged with a complementary sauce.
- Proudly prepared in Canada. all varieties, 160-350 g



Save \$1 ea

4.99 ea



Cheese & Deli

Prima Donna

Aged Gouda-Style Cheese

product of the Netherlands

Extra mature & full bodied!



Save \$.50/100 g

3.49 /100 g

Halenda's Fine Foods

Kobassa

Classic or Old Country, 275 g

Traditionally made and award-winning!



Save \$.50 ea

6.49 ea

Canadian

Light Feta Cheese

cut fresh at our Cheese Counter, product of Canada

Made with 100% Canadian dairy!



Save \$1.30/100 g

1.99 /100 g

Le Bedouin

Akawie & Nabulsi 200-250 g



Save \$2.50 ea

7.49 ea

Blue Danube

Smoked Homemade Ham

sliced fresh at our Deli Counter



Save \$.50/100 g

3.49 /100 g

Farm Boy™

Canadian Prosciutto

sliced fresh at our Deli Counter



Save \$1/100 g

2.99 /100 g

Bake Shop

Farm Boy™

Pumpkin Pie

8", 600 g



Save \$.50 ea

7.49 ea

From the Bake Shop

Three Cheese Bread 400 g



Save \$1 ea

4.99 ea

Farm Boy™

Butter Tarts all varieties, 408-510 g



Save \$.50/pkg

7.49 /pkg

Farm Boy™

Fresh Baked Muffins

all varieties, 460-510 g



Save \$.50/pkg

6.49 /pkg

From the Bake Shop

Calabrese Bread all varieties, 600 g



Save \$.50 ea

4.49 ea

From the Bake Shop

Baguette 275 g



Save \$.30 ea

2.99 ea

Chrysanthemum 4" pot



Ideal for gardeners and floral enthusiasts!



Save \$1 ea

4.00 ea

Ontario Grown Bouquets



A colourful blend of local blooms!

Save \$1 ea

12.00 ea

Products We Think You'll Love!

Farm Boy™
Oat Lattes

- Flash-brewed coffee or tea with oat milk nitro-charged for extra creaminess.
 - Available in: Chai Tea, Dark Roast, Salted Caramel, or Vanilla.
 - Certified Vegan, Dairy-Free, and Gluten-Free.
- 207 mL

Cool, refreshing,
and ready
to enjoy!

Vegan



Save \$.52 ea

2.11



Elmhurst
Plant-Based
Beverages

all varieties,
946 mL



Save \$1 ea

7.99

ea

Farm Boy™
Wafer
Rolls

all varieties,
150 g



Save \$.50/pkg

2.49

/pkg

Briannas
Homestyle
Dressings

all varieties,
296-355 mL



Vibrant,
tangy,
homestyle
taste!

Save \$1 ea

6.99-7.99

ea

Cache Cuisine
Baking
Mixes

all varieties,
454-908 g



Save \$.50 ea



4.49-5.49

ea

Farm Boy™
Frozen Entrees

Beef Vindaloo, Chicken Biryani, Italian-Style Meat Lasagna, Palak Paneer, Vegan Kung Pao, Vegan Tikka Masala, 285-370 g



Save \$.49-\$2.49 ea



2/11.00

Farm Boy™
Ramen Kits

all varieties,
414 g



Save \$1 ea



8.99

ea

Farm Boy™
Gluten-Free Breads

- Traditionally prepared for a homestyle taste.
 - High-fibre, low-sugar choice for toast, sandwiches, and more.
 - Available in Pan Loaf or Sourdough varieties
- Pan Loaves: \$6.99 ea,
Sourdough \$7.99 ea, 400 g



Save \$1 ea

6.99-7.99

ea



Organic at Excellent Value

Farm Boy™
Organic Apple Cider Vinegar

- Just one ingredient!
 - Fresh-picked organic Ontario apples, aged in oak barrels for a delicate woody flavour.
 - Unfiltered, raw, and unpasteurized.
- 945 mL



Popular for its
health benefits,
it adds pizzazz
to dressings
and marinades.

Organic

Save \$1 ea

6.99

ea



Farm Boy™
Organic Premium Tea

all varieties, 12 ct



Organic

Save \$.52/pkg

6.41-7.41

/pkg

Farm Boy™
Organic Peanut Butter

all varieties,
500 g

Organic



Save \$.50 ea

6.49

ea

Farm Boy™
Organic Fair Trade
Coconut Water

500 mL



Organic

Excellent
value!

Save \$.49 ea

2/4.00

Farm Boy™
Organic Fair Trade
Whole Bean Coffee

all varieties, 454 g

Organic



Save \$2/pkg

17.99

/pkg

Gay Lea
Organic Butter

all varieties, 250 g



Organic

Save \$1 ea

7.99

ea

Farm Boy™
Organic Kombucha

all varieties, 1.1 L



Organic

Vegan

7.99

ea

Organic Meadow
Organic Kefir

all varieties, 1 L

Tangy,
wholesome
yogurt drink!

Organic

Save \$1 ea

6.49

ea



Tre Stelle
Organic Cream Cheese

200 g

Organic



Save \$1.30 ea

4.49

ea



September is Organic Month!

Every Farm Boy fresh-market features a **wide selection of organic products**, ranging from fresh produce to locally crafted specialties. Each item is carefully hand-selected to ensure exceptional quality, adherence to strict organic standards, excellent value, and delicious variety!



Farm Boy™ Organic Milk

\$3.99 ea, 946 mL **Save \$1-2 ea**

- Delivered fresh from Ontario Dairy Farmers!
- Packaged in a classic, returnable glass bottle for sustainability.
- Choose from 1% MF Partly Skimmed, 2% MF Partly Skimmed, Skim, Whole, and Partly Skimmed Chocolate Milk.
- A \$2 bottle deposit is required.



Farm Boy™ Organic Microgreens

\$4.99/pkg, 65 g

- Locally and sustainably grown in Vankleek Hill, ON.
- Try them in wraps, salads, smoothies, and more – they add a burst of freshness to every recipe.
- Available in a variety of fresh blends like Broccoli, Crunchy Mix, Mild Mix, Mustard, Pea, and Sunflower.



Farm Boy™ Organic Vegetables

\$5.49-\$5.99/pkg, 500 g

- Picked at peak ripeness and flash-frozen to lock in their flavours and nutrients.
- Available in a variety of options, there's something for everyone.
- Pre-washed and ready to eat, enjoy them in your favourite recipes today.

Organic Favourites!



Farm Boy™ Organic Deglet Noor Dates

\$5.99/pkg, 340 g, product of Tunisia



Farm Boy™ Organic Whole Chicken

\$5.99/lb (\$13.21/kg)



Farm Boy™ Organic Mushrooms

\$1.99 ea, 284 mL



Farm Boy™ Organic Broths

\$3.99 ea, 900 mL



Farm Boy™ Organic Feta in Brine

\$7.99 ea, 200 g



Farm Boy™ Organic Chicken Bone Broth

\$9.99 ea, 500 mL



Farm Boy™ Organic Flavoured Water

\$1.49 ea, 1 L



Farm Boy™ Organic Premium Teas **Save \$.52/pkg**

\$6.47-\$7.47/pkg, 12 ct

Apple Season Favourites

Our sweet assortment of desserts and beverages takes this exceptional fruit to new levels of indulgence. Proudly Canadian, our selection includes made-from-scratch favourites from the Farm Boy Kitchen, homestyle pies, local specialties, and other treats you'll love. Take a bite out of apple season today!



Farm Boy™

Apple Cinnamon Crisp

\$6.99 ea, 650 g

- Cinnamon-spiced apples in a rich caramel sauce, topped with a crunchy crumble.
- Made from scratch by us using our homestyle recipe.
- Here for a limited time—enjoy it today!

Farm Boy™

Apple Caramel Crumble Gelato

\$7.99 ea, 500 mL

- Rich, creamy, and back for the season!
- Packed with crunchy apple crumble clusters and decadent caramel swirls.
- Crafted locally in small batches with 100% Canadian dairy.

Farm Boy™

Sweet Apple Cider & Organic Apple Cider

\$5.99–6.99 ea, 1.5–2 L

- Made from 100% Canadian apples.
- Free of artificial colours or flavours.
- These fall favourites are here for a limited time!



Farm Boy™

Salted Caramel Apple Pie Bars

\$7.99/pkg, 420 g

- Made fresh by us using our exclusive recipe.
- Classic apple pie flavour in a sweet, shareable, handheld treat.
- Perfect straight out of the box or warmed up with your favourite ice cream!



Farm Boy™

Homestyle Apple Pies

\$12.99 ea, 1.2 kg

- Flaky, golden pastry with a classic apple filling.
- Proudly crafted in Ontario with a traditional recipe.
- Enjoy just-like-homemade taste at excellent value!



It's Apple Season in Canada!

Delivered fresh from Canadian orchards for excellent value, our extensive selection of **extra fancy grade** apples is carefully chosen for the best quality and flavour. From crisp and tart to crunchy and sweet, there is guaranteed to be an apple for everyone to enjoy. With nearly a dozen varieties available in-store or arriving soon, we think you'll love them for on-the-go snacking, baking, savoury dishes, and so much more!



Braeburn

Canada Extra Fancy Grade

- Crisp, refreshing crunch with a sweet-tart flavour.
- Excellent choice for baking recipes, savoury dishes, and fresh snacking.



Ambrosia

Canada Extra Fancy Grade

- Sweet, honeyed flavour with a hint of tang.
- Crisp, juicy, and tender—great for fresh snacking or cooking!



Red Prince

Canada Extra Fancy Grade

- Tangy and sweet with a snappy crunch.
- Perfect for juicing, apple sauce, or paired with cheese and charcuterie.

Fresh from the orchard!



McIntosh

Ideal for cooking, baking, sauces, and ciders.



Lobo

Perfect for baking!



Spartan

Sweet-tart and ideal for desserts.



Cortland

Tart & versatile.



Fuji

A popular choice for cooking and baking.



Honeycrisp

Ready for salads, snacking and desserts.



Royal Gala

Great for cooking or snacking.



SweetTango

Sweet & crunchy.

Apple & Cheese Danishes



PREP:
15 mins



CHILL TIME:
15 mins



COOK TIME:
28 mins



SERVES:
8



DIFFICULTY:
Easy

[View Full Recipe Online](#)

Ingredients

½ pack Farm Boy™ Pressed Cottage Cheese, at room temperature

¼ cup plus 1 Tbsp granulated sugar, divided

2 Farm Boy™ Eggs, divided

1 tsp vanilla extract

½ tsp Farm Boy™ Organic Ground Cinnamon

3 medium Royal Gala or Granny Smith apples, peeled, cored, and thinly sliced

2 Tbsp fresh lemon juice

1 package Farm Boy™ Butter Puff Pastry, thawed overnight in the refrigerator

Directions

- 1 Preheat oven to 400°F.
- 2 In the bowl of a food processor, combine Farm Boy™ Pressed Cottage Cheese, ¼ cup sugar, 1 Farm Boy™ Egg, and vanilla extract. Process until smooth and set aside.
- 3 In a large bowl, toss sliced apples with Farm Boy™ Organic Ground Cinnamon and lemon juice.
- 4 In a small bowl, whisk 1 Farm Boy™ Egg with 1 Tbsp water for egg wash and set aside.
- 5 Place Farm Boy™ Butter Puff Pastry over two parchment paper sheets and roll out slightly to 10" x 10". Cut each sheet into 4 squares.
- 6 Divide cheese mixture amongst pastry squares, placing it diagonally in the centre, then shingle sliced apples over cheese from corner to corner. Bring opposite corners together over the apples and brush the top of one corner with egg wash, then place opposite corner over it (egg wash will help keep it together). Place pastries on sheet pans and chill for 15 minutes.
- 7 Brush tops of pastries with egg wash and sprinkle with remaining sugar.
- 8 Bake for 25-28 minutes, or until golden brown. Cool down before serving.



The Perfect Pear



Ontario Bartlett Pears are Here!

Get closer to the farm with locally harvested Bartlett pears, arriving fresh to our stores daily. At first crisp and tart, they ripen into mellow sweetness. These Ontario-grown fruits shine in salads, cheeseboards, sandwiches, baked goods, beverages, and more.



Try in:

Apple and Pear Steel Cut Oats



[View Recipe Online](#)

Old Fashioned Pear Spice Cake



[View Recipe Online](#)

Pear Citrus Chardonnay Mocktail



[View Recipe Online](#)



**Family
of Support**



Donate today to support local kids' mental health programs

**100% of your
donation *supports:***



Jenna, 22

Received support for anxiety,
depression, and anorexia

Learn the impact
of your donation at
familyofsupport.com



Donate today at your local Farm Boy.



THANKSGIVING

DINNER FOR TWO

This Thanksgiving, enjoy restaurant quality dining at home with this incredibly priced 4-course meal designed by the Farm Boy Chefs.

Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!

MENU

Sweet Parsnip Soup
with Spiced Pumpkin Seeds

Mandarin Goat Cheese Salad
with Balsamic Dressing

Roast Turkey Breast with Stuffing,
Mashed Potatoes, Whole Roasted
Baby Carrots & Sliced Brussels Sprouts

Cranberry Sauce & Turkey Gravy

Pumpkin Spice Sticky Toffee Pudding
with a No Churn Cinnamon Ice Cream

ORDERS CLOSE:
Sunday, October 4

PICK-UP DATE:
Saturday, October 10

50 MINUTES
REHEATING



Order in-store or online at farmboy.ca/specialty-dinners/. While quantities last!



COMPLETE THANKSGIVING DINNER

SERVES 6-8 PEOPLE



Includes
A Treat
from our
Chefs!



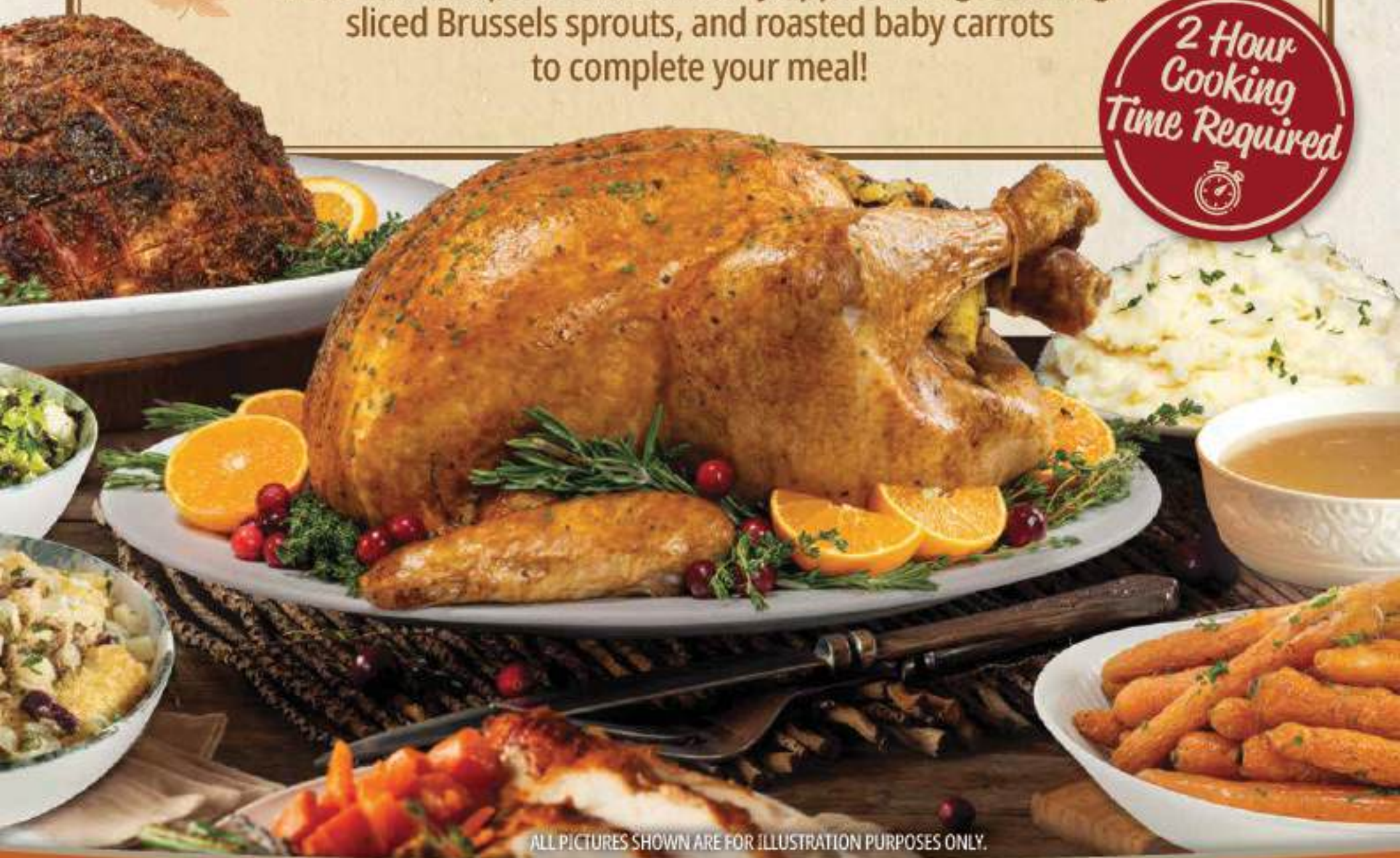
DON'T FORGET TO ADD OUR
CARAMEL APPLE CHEESECAKE PIE

Turkey or Ham *You Choose!*

Enjoy a roasted turkey with cranberry ginger sauce and turkey gravy, or choose a ham with maple mustard glaze and honey mustard cream sauce.

Includes four delicious sides:

chive mashed potatoes, cranberry apple sausage stuffing, sliced Brussels sprouts, and roasted baby carrots to complete your meal!

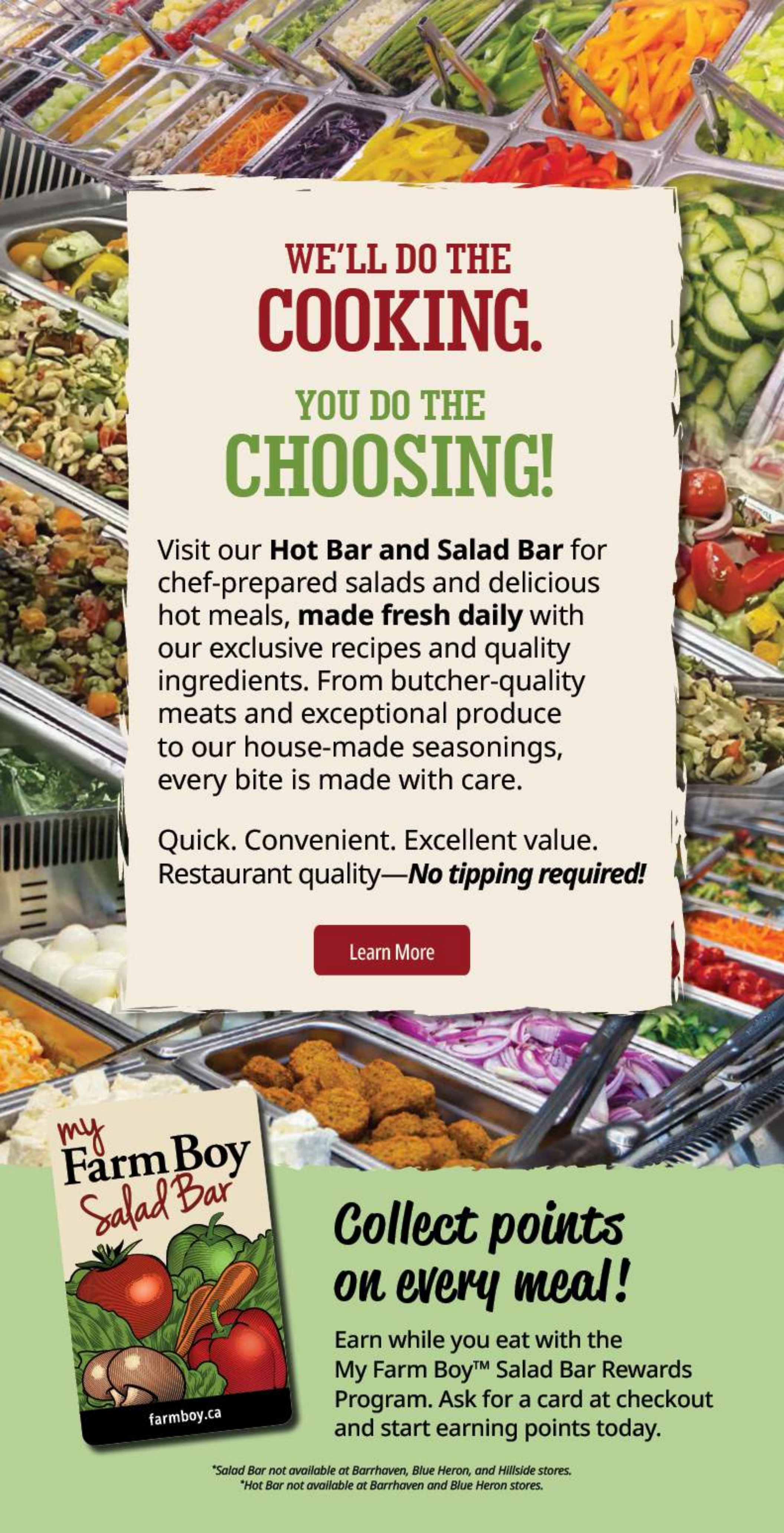


ALL PICTURES SHOWN ARE FOR ILLUSTRATION PURPOSES ONLY.

LAST DAY TO ORDER:
October 4

PICK-UP DATES:
October 10 & 11

Order in-store or online at farmboy.ca/specialty-dinners/



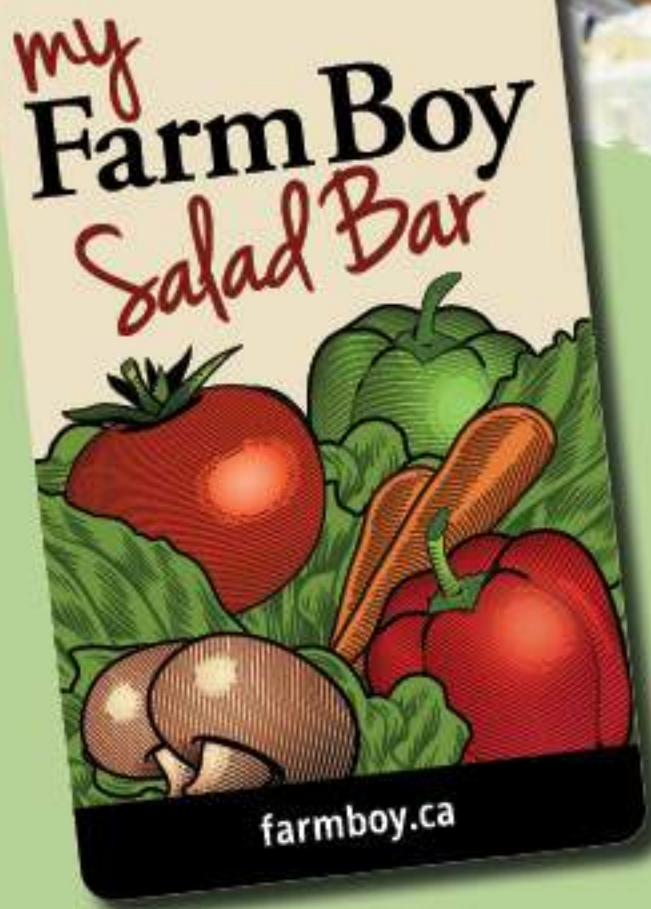
WE'LL DO THE
COOKING.

YOU DO THE
CHOOSING!

Visit our **Hot Bar and Salad Bar** for chef-prepared salads and delicious hot meals, **made fresh daily** with our exclusive recipes and quality ingredients. From butcher-quality meats and exceptional produce to our house-made seasonings, every bite is made with care.

Quick. Convenient. Excellent value.
Restaurant quality—***No tipping required!***

[Learn More](#)



my
Farm Boy
Salad Bar

farmboy.ca

***Collect points
on every meal!***

Earn while you eat with the My Farm Boy™ Salad Bar Rewards Program. Ask for a card at checkout and start earning points today.

*Salad Bar not available at Barrhaven, Blue Heron, and Hillside stores.

*Hot Bar not available at Barrhaven and Blue Heron stores.