

Come on in!

Quality, value, and freshness guaranteed.



Proudly Serving Ontario

EST. 1981 | Cornwall, ON., Canada

Sweet & Juicy
Blackberries or Raspberries

product of Mexico/USA,
170 g



2.99
/pkg

Canada Grade A



Fresh
Whole Chicken
product of Canada



2.99
/lb
6.59/kg

Save \$1.50

Marinated
Shrimp Skewers
previously frozen, all varieties, 60 g



1.99
/skewer

Save \$.50

Fresh
Pork Tenderloin
product of Ontario



4.99
/lb
11.00/kg

Save \$3

Green Beans
product of Mexico

HANDPICKED



2.44
/lb
5.38/kg

From the Bake Shop
New York-Style Bagels
pkg of 6



3.99
/pkg

Save \$1

Farm Boy™
Organic Milk or Cream
all varieties, 946 mL,
refundable deposit req'd



Save \$1-\$1.50

3.99-4.99
ea
946 mL

Organic



St-Albert Dairy Co-Op
Marble or Mild Cheddar
cut or sliced,
product of Canada



Save \$.40

2.99
/100 g



Hardbite
Speak Greek to Me Chips 128 g

HOT DEAL!



3.49
ea

Farm Boy™
Stone-Baked Pizza
all varieties,
frozen,
330-375 g



Save \$1

4.99
ea



Farm Boy™
Sparkling Beverages
all varieties,
750 mL

Save \$.52

2.97
ea



Villaggio
Bread or Buns
all varieties,
550-675 g,
pkg of 6 or 8



3.29
ea
or /pkg

Save \$1.50

Natural One
Pure Juice
all varieties, 900 mL



Save \$1.22

4.77
ea

Kind
Protein+ or Mini Granola Bars
select varieties, 10 x 20 g or 4 x 62 g

HOT DEAL!



No artificial flavours,
preservatives,
or sweeteners.

6.99
/pkg

Product of Canada: All or virtually all major ingredients (min 98%), processing, and labour used to make the food product are Canadian.

Prepared in Canada: Products are crafted in Canada with either a combination of domestic and imported ingredients or imported ingredients only.

A FARM BOY
FRESH TWIST
Discover what makes us different!
Look for this mark in store.

FRESH SPECIALS IN EFFECT: Thurs., April 16 to Wed., April 22, 2026.

Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials. Visit farmboy.ca for store hours. Not all products available at all stores.

Scan here for our full digital flyer



@officialfarmboy



Visit farmboy.ca for a full list of store addresses to find a location near you.

Meat & Seafood Market

Diamond Valley
Grass Fed Lean Ground Beef
product of New Zealand, 450 g

HOT DEAL!



6.99
/pkg

Farm Boy™
Bone-In Smoked Ontario Ham



Locally smoked in Dundas, ON.

2.99
/lb
6.59/kg

Save \$1

Fresh, Wild Caught Pickerel Fillets



- Succulent, flaky texture with a delicately mild flavour.
- Responsibly sourced from family-run Ontario fisheries along the shores of Lake Erie.
- 100% natural, with no chemicals or additives.

FIRST OF THE SEASON



product of Wheatley, ON

Save \$3

13.99
/lb
30.84/kg

Available at all stores except Blue Heron Mall.

Hayter's Farm
Extra Lean Turkey Burgers
all varieties, pkg of 4,
product of Ontario, 450 g



6.99
/pkg

Cut from Canada AAA Beef
Boneless Beef Blade Roast



Aged a minimum of 21 days.

10.99
/lb
24.23/kg

Save \$3

Farm Boy™
Breakfast Bakes or Sandwich Thins
all varieties,
380-560 g



Save \$.52

2.97
/pkg

Farm Boy™
Cold Extracted Extra Virgin Olive Oil
1 L



Save \$2

12.99
ea

Farm Boy™
Oat Lattes
all varieties,
207 mL



Save \$.52 ea

2.77
ea

Farm Boy™
Chilled Dressings
select varieties,
350-430 mL



Save \$1

4.99
ea

Farm Boy™
Flavoured Peanut Butter
all varieties, 375 g



Save \$.52

5.47
ea

Snack Factory
Pretzel Chips
select varieties, 200 g



Save \$1

4.99
ea

Farm Boy™
Non-GMO Beans
all varieties, 398 mL



Organic



Save \$.50

2.49
ea

Tre Stelle
Cream Cheese
all varieties,
200 g



Save \$1

4.79
ea

FRESH Produce Arriving Daily!

Greenbelt
Salad Greens
select varieties,
product of Canada,
113-142 g



Organic



3.99
ea

Seedless Cucumbers
Canada No. 1 Grade,
product of Canada



1.49
ea

Heirloom Tomatoes
Canada No. 1 Grade,
product of Canada



3.99
/lb
8.80/kg

Whole or Sliced
Brown or White Mushrooms
product of Canada, 227 g



2/5

Garlic
product of China



PKG OF 3

1.88
/pkg

Fresh
Basil
product of Mexico, 42 g



1.99
/pkg

Sweet Snap Peppers
product of Mexico, 340 g



2.99
/pkg

Green Onions
product of Mexico/USA



2/3

Jazz Apples
Fancy Grade,
product of USA



2 lb BAG

2.95
/bag

Asian Pears
Extra Fancy Grade, product of China



4 lb CASE

8.88
/case

Caribbean
Red Papaya
product of Guatemala/ Honduras



1.25
/lb
2.76/kg

Sweet & Juicy
Clementines
product of Morocco



2 lb BAG

3.99
/bag

Bake Shop

Farm Boy™ Fresh Baked Muffins

- Soft, fluffy muffins baked fresh in-store daily.
 - Made with rich buttermilk and packed with real fruit, chocolate, and seasonal ingredients.
 - Coffee-shop-quality muffins from our original recipes in a variety of flavours.
- all varieties, pkg of 6



La Rocca 8" Cakes

- La Rocca's pastry chefs have been handcrafting premium desserts locally for 40 years.
- Made with high-quality ingredients sourced both locally and globally.
- Irresistible varieties like Chocolate Truffle Trio, Mocha Almond Fudge, Tiramisu, and more.



Farm Boy™ Butter Tarts

pkg of 6 regular, or pkg of 12 mini, not applicable to Gluten-Free



Save \$.50

749
/pkg

Fresh Baked Homestyle Cookies

pkg of 12 regular, select varieties, 350-480 g



Save \$.50

549
/pkg

From the Bake Shop 8" Apple Pie

750 g



Save \$1

699
ea

Baxter's Mini Cheesecakes

all varieties, 140-170 g



Save \$.50

399
ea

Fresh & Flaky Croissants

all varieties, pkg of 4-6 regular or 10-12 mini, 272-480 g



Save \$.50-\$1.50

449
/pkg

From the Bake Shop Calabrese Breads

600 g



Save \$.50

449
ea

From the Bake Shop Crusty Parisian Bread

475 g



Save \$.80

399
ea

Half Loaf Wide Slice Bread

all varieties, 500 g



Save \$.50

349
ea

Deli and Cheese

Farm Boy™ Feta Cheese

Barrel Aged, Organic, or Sheep's Milk, product of Greece, 200 g



Save \$1

699
ea

Mitica Drunken Goat



Save \$.50

649
/100 g

Bella Casara Burratini

product of Canada, 125 g



Save \$1

799
ea

Krinos Crumbled Feta

170 g



649
ea

Farm Boy™ Italian Deli Meat

select varieties, 100 g



Save \$.50

749
/pkg

Brandt Dry Cured Salami

all varieties, sliced fresh at our Deli Counter



Save \$.50

349
/100 g

Brandt Smoked Honey Maple Ham

sliced fresh at our Deli Counter



Save \$1

279
/100 g

Maple Lodge Chicken Breast Roast

all varieties, sliced fresh at our Deli Counter



Save \$.50

249
/100 g

Farm Boy™ Homestyle Chicken Gravy

- Made fresh from scratch in our kitchen.
 - Prepared with our house-made chicken stock and signature spice blend.
 - A convenient addition to any meal—just heat and serve!
- 445 mL



Pair with our
BBQ Chicken

Save \$.50

349
ea

Barbara's Cereal Puffs

283 g



Save \$1

549
ea

Califia Farms Plant-Based Beverages

select varieties, 1.4 L



Save \$1

599
ea

Floral

Farm Boy™ Bounty Bouquet

Showstopping blooms!



Save \$1

28
ea

Simply Protein Bars

all varieties, 40 g



Save \$.49

2/5

Burnbrae Farms Naturegg Simply Egg Whites

1 kg



Save \$1

899
ea

Hand-tied Gerbera

Great selection of beautiful hues!



Save \$1

16
ea

Garlic Goodies



Farm Boy™ Lemon Garlic Dressing

- Crafted with five simple ingredients—including 100% pure olive oil!
- Prepared locally using our own recipe.
- Tangy, vibrant, and full of flavour.

Farm Boy™ Steakhouse Garlic Dressing Dip

- Crafted with just seven delicious ingredients!
- Free of artificial colours or flavours.
- Proudly prepared in Ontario.



Farm Boy™ Garlic Flowers

- Garlic flowers fermented in oil for a bold, garlicky flavour.
- Convenient choice for everyday cooking—no more peeling!
- Proudly prepared in Canada.

Farm Boy™ Toum

- A smooth, garlic-rich sauce crafted with simple, high-quality ingredients.
- Made from scratch by us using our chef-developed recipe.
- Available in both original and spicy varieties.





Canadian Beef Gateway:

Your source for recipes, videos, nutritionals, and more!

Within our Farm Boy Butcher Shops, you'll discover a plentiful selection of beef cuts stickered with the Canadian Beef logo and a QR code.

Scanning this QR code with your phone will take you to the Canadian Beef Information Gateway, where you'll find helpful information about the product in your hands—everything from recipes, cooking instructions, nutritionals, and more! Now you have inspiration for your next meal, with help from Farm Boy and Canadian Beef!



+

Step 1:
Scan QR code here




=

Step 2:
Scan Barcode here



Visit your local Farm Boy to try it out!

Müesli Overnight Oats

 **PREP:**
10 mins

 **CHILL TIME:**
8 hrs

 **SERVES:**
4-6

 **DIFFICULTY:**
Easy

[View Full Recipe Online](#)

Ingredients

1 ½ cups Farm Boy™ Organic Plain Yogurt

¾ cup Farm Boy™ Organic Large Flake Oats

¼ cup Shredded Coconut

2 Tbsp Farm Boy™ Chia Seeds

2 Tbsp hemp hearts

2 Tbsp milled flax seed

2 Tbsp Farm Boy™ Pumpkin Seeds

2 Tbsp sunflower seeds

2 Tbsp golden raisins or dried cranberries

Pinch salt

½ tsp Farm Boy™ Organic Ground Cinnamon

1 tsp vanilla extract

1-2 Tbsp Farm Boy™ Amber Maple Syrup, or to taste

1 cup unsweetened almond milk,
or your favourite milk

1 Honeycrisp apple, unpeeled, grated

½ cup nuts, chopped (pecans, walnuts, almonds,
or a mixture)

Berries, nuts, and seeds for garnish

Directions

1 In a large bowl, combine Farm Boy™ Organic Plain Yogurt, Farm Boy™ Organic Large Flake Oats, unsweetened shredded coconut, Farm Boy™ Chia Seeds, hemp hearts, milled flax seed, Farm Boy™ Pumpkin Seeds, sunflower seeds, raisins, salt, Farm Boy™ Organic Ground Cinnamon, vanilla extract, Farm Boy™ Amber Maple Syrup, unsweetened almond milk, grated apple, and chopped nuts.

2 Mix well and place in small glass jars or containers.

3 Cover and let sit overnight.

4 Serve, garnished with nuts, seeds, and/or berries.

**Top with chocolate,
coconut, nuts,
or seasonal berries!**





Now Open!

We're delighted to bring you
"A Farm Boy Fresh Twist" on the food
experience with great food, excellent value,
and friendly service. *Come on in!*

Farm Boy Collingwood

39 Huron Street, Collingwood, Ontario

Open Daily: 8 am to 9 pm



Visit farmboy.ca | [@officialfarmboy](https://www.instagram.com/officialfarmboy)



Help Us Crown Our 2026 Champions!

Vote for your favourite products
by visiting **farmboy.ca/fanfaves**.

Complete the survey for
a chance to win 1 of 5
\$100 Farm Boy™ Gift Cards.

VOTE NOW!

NO PURCHASE NECESSARY. Full Contest rules found at farmboy.ca/fanfaves. Contest runs from April 16, 2026 to April 27, 2026. Open to legal residents of Ontario who have reached the age of majority on the date they enter the Contest. There are five (5) prizes to be won. Each prize consists of one (1) Farm Boy™ Gift Card (ARV \$100.00 (CAD) each). The prizes have no equivalent cash value, are non-transferrable and no substitutions will be made. Correctly answered skill testing question required. Odds of winning depend on the number of eligible entries received.



MOTHER'S DAY Brunch

✿ GENEROUSLY SERVES FOUR ✿

This Mother's Day, treat Mom to restaurant-quality dining at home with this thoughtfully prepared 3-course meal from the Farm Boy Chefs.

Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!

MENU

Berry, Citrus,
& Feta Salad
with Pecans
and Apple Cider Vinaigrette

Crispy Breakfast Potatoes
with Garlic and Mesquite

Slow Roasted
Tomatoes Provençal
& Breakfast Sausages

Sautéed Leek
& Spinach Frittata

Lemon Ricotta Cake
with Strawberry Coulis
and Vanilla Whip

ORDERS CLOSE:

Wednesday, May 6

PICK-UP DATE:

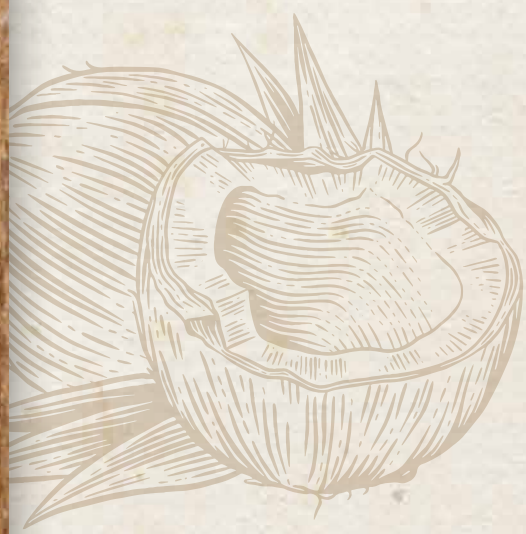
Sunday, May 10

While quantities last!

25 MINUTES
REHEATING



Monthly Hot Bar Menu



TASTE OF THAILAND

Explore vibrant, fresh flavours with a mouthwatering, chef-prepared menu inspired by Thai favourites. Prepared daily with our exclusive recipes and high-quality ingredients, we think you'll love these delicious dishes.



Thai Vegetable Stir Fry

Crisp, colourful veggies in a sweet and sour sauce.



Turkey Meatballs in Thai Green Curry

Hearty meatballs in a creamy, herbaceous curry sauce.



Pad Thai

A takeout favourite with rice noodles and bean sprouts!



Vegetarian Spring Rolls

Tender vegetables wrapped in a crisp, crunchy wrapper.

While quantities last—not available at Barrhaven or Blue Heron.

A Fun, Fresh-Market Experience



At Farm Boy, we strive to show our customers that grocery shopping can be more than just an errand. It can be a source of joy, discovery, and inspiration. We work with local farmers, growers, and producers to bring you an unparalleled shopping experience filled with items that surprise and delight.

Each store is stocked with hand-selected products chosen just for you to enjoy. From handcrafted items made with our own recipes to limited-time-only sweets that celebrate the season, come on in and discover what's in-store.

Spring into flavour.

Farm Boy™ Lemon Thyme Loaf Cake

- Crafted by us fresh in our Bake Shop.
- Made with simple ingredients and our own recipe.
- A handcrafted treat that celebrates the season.

Made from scratch.



Six simple ingredients.



Farm Boy™ Simply 6 Vinaigrettes

- Handcrafted by us with our own recipes.
- Prepared with simple, wholesome ingredients.
- Ideal for salads, marinades, sandwich spreads, and more.

Visit us to see how we're changing the way you shop — one twist at a time!

[Learn More](#)