



# FESTIVE HOLIDAY DINNERS

Enjoy a festive feast with our chef-prepared Holiday Dinners for 2 or 6-8!

Last day to order:  
December 16



While quantities last.



Handpicked **Green Beans**  
product of Mexico/USA

**2.44**  
/lb  
5.38/kg



Fresh **Pork Back Rib**  
product of Canada

SAVE \$4.00  
**4.99**  
/lb  
11.00/kg



Sweet & Juicy **Blueberries or Raspberries**  
No. 1 Grade, product of Mexico/Peru/USA, 170 g

**2.99**  
/pkg



Fresh **Whole Chicken**  
Canada Grade A,  
product of Ontario

SAVE \$1.50  
**2.99**  
/lb  
6.59/kg



Liberté **Greek or Méditerranée Yogurt**  
all varieties, 4 x 100 g or 500 g

SAVE \$2.00  
**3.99**  
/pkg  
or ea



Farm Boy™ **Large Raw Shrimp**  
23-30 shrimp per bag,  
frozen, 31-40/lb count, 340 g

SAVE \$4.00  
**4.99**  
/pkg



Farm Boy™ **Gingerbread Loaf Cake**  
made from scratch, 475 g

**6.99**  
ea

IT'S BACK!



Farm Boy™ **Double Cream Brie**  
200 g; Triple Cream Brie:  
Save \$1.00, now \$10.99 ea, 300 g

SAVE \$1.00  
**6.99**  
ea

LOCAL



Farm Boy™ **Imported Prosciutto**  
sliced fresh at our Deli Counter

SAVE \$0.50  
**3.99**  
/100 g



Farm Boy™ **Grain Breads**  
all varieties, 600 g

SAVE \$0.49 ea  
**2/7.00**



Farm Boy™ **Soups**  
all Keto or Organic  
varieties, 398 mL

SAVE \$0.49 ea  
**2/7.00**



Fentimans **Sodas & Mixers**  
Ginger Beer or Rose  
Lemonade, 6x150 mL

HOT DEAL!  
**4.99**  
/case



Farm Boy™ **Flavoured Sparkling Water**  
all varieties, 1 L

SAVE \$0.51  
**.98**  
ea

Organic

Case of 12 \$11.00



Silk **Plant-Based Beverages**  
select varieties, 1.89 L

SAVE \$0.72  
**4.27**  
ea

Vegan



Ilios **Broth**  
all varieties, 946 mL

SAVE \$1.00  
**2.99**  
ea

Organic

What do these symbols mean?



**Product of Canada:** All or virtually all major ingredients (min 98%), processing, and labour used to make the food product are Canadian.



**Prepared in Canada:** Products are crafted in Canada with either a combination of domestic and imported ingredients or imported ingredients only.

**FRESH SPECIALS IN EFFECT: Thurs., December 4 to Wed., December 10, 2025.**

Prices valid at Farm Boy stores in Aurora, Barrie, Burlington, Cornwall, Guelph, Kingston, London, Mississauga, Newmarket, Oakville, Oshawa, Ottawa, Pickering, Richmond Hill, St. Catharines, Toronto, and Whitby. Visit us in-store for many more great specials. Visit [farmboy.ca](http://farmboy.ca) for store addresses and hours. Not all products available at all stores.



Scan here for our full digital flyer

## Meat & Seafood Market



**LOCAL**  
**SAVE \$1.00**  
**9.99** /lb  
 22.02/kg

**Farm Boy™ Stuffed Chicken Breast**  
 made by us, all varieties



**CANADIAN BEEF**  
**9.99** /lb  
 22.02/kg

**Cut From Canada AAA Beef Beef Brisket Roast**  
 aged a minimum of 28 days



**CANADIAN BEEF**  
**SAVE \$4.00**  
**21.99** /lb  
 48.48/kg

**Cut from Canada AAA Beef Striploin Grilling Steaks**  
 aged a minimum of 21 days



**GOOD CATCH SUSTAINABLE**  
**SAVE \$4.00**  
**12.99** /lb  
 28.64/kg

**Wild-Caught Haddock Fillets**  
 fresh or previously frozen, available at all stores except Blue Heron Mall, product of Canada

## Chef's Market

**FESTIVE HOLIDAY DINNERS**

Let our chefs take care of your Festive Holiday meal this year while you spend more time making warm memories with loved ones. Sourced from Ontario Farms, choose from a delicious Turkey or Ham Dinner that includes all the fixings. Just order online or in-store, pick up, heat, and feast!



**SCAN HERE TO ORDER**



**Organic LOCAL**  
**SAVE \$3.00**  
**15.99** ea

**Farm Boy™ Fair Trade Coffee Beans**  
 all varieties, 454 g



**SAVE \$2.00**  
**4.99** ea

**Farm Boy™ Flour**  
 All Purpose or Whole Wheat, 2.5 kg



**SAVE \$1.00**  
**5.99** ea

**St. Dalfour Handcrafted Fruit Spreads**  
 all varieties, 225 mL



**LOCAL**  
**SAVE \$1.00**  
**5.99** /pkg

**Farm Boy™ Swiss Rolls**  
 all varieties, 400 g



**Serves 6-8 LOCAL**  
**SAVE \$5.00**  
**24.99** ea

**Farm Boy™ Family Size Meat Lasagna**  
 frozen, 2.27 kg



**LOCAL**  
**SAVE \$1.61**  
**3.88** ea

**Farm Boy™ Cream Cheese Spread**  
 250 g



**SAVE \$1.00**  
**4.49** ea

**Becel Margarine**  
 all varieties, 427 g



**LOCAL**  
**SAVE \$1.00**  
**5.99** ea

**Farm Boy™ Naturals Kolbassa Chubs**  
 all varieties, 250-300 g

## FRESH Produce Arriving Daily!



**LOCAL**  
**PKG OF 4**  
**1.95** /pkg

**Tomatoes**  
 Canada No. 1 Grade, product of Canada



**2.75** ea

**Sweet Snaps Peppers**  
 product of Mexico, 340 g



**LOCAL**  
**1.25** ea

**Seedless Cucumbers**  
 Canada No. 1 Grade, product of Canada



**1.49** /lb  
 3.28/kg

**Eggplants or Green Zucchini**  
 product of Mexico



**4.44** ea

**Pomegranate Arils**  
 product of Peru, 113 g



**5 lb BAG**  
**2.99** /bag

**Red, Russet, or Yellow Potatoes**  
 Canada No. 1 Grade, product of Canada



**LOCAL**  
**1.75** /lb  
 3.86/kg

**Ambrosia or Royal Gala Apples**  
 Canada Fancy Grade, product of Canada



**LOCAL**  
**4.99** ea

**Farm Boy™ Sweet Apple Cider or Deglet Noor Dates**  
 Apple Cider: 2 L, product of Canada, Deglet Dates: Organic, 340 g, product of Tunisia



**2.5 lb BAG**  
**3.99** /bag or ea

**Rocha Pears, Canary Melons, or Santa Claus Melons**  
 Canary/Santa Claus Melons: No. 1 Grade Pears: Extra Fancy Grade, product of Brazil/Portugal

Please visit [farmboy.ca](http://farmboy.ca) for a full list of store addresses to find a location near you.

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. Product selection may vary by store.

700 Terry Fox Dr.,  
Ottawa, ON

Open daily  
8 am to 9 pm



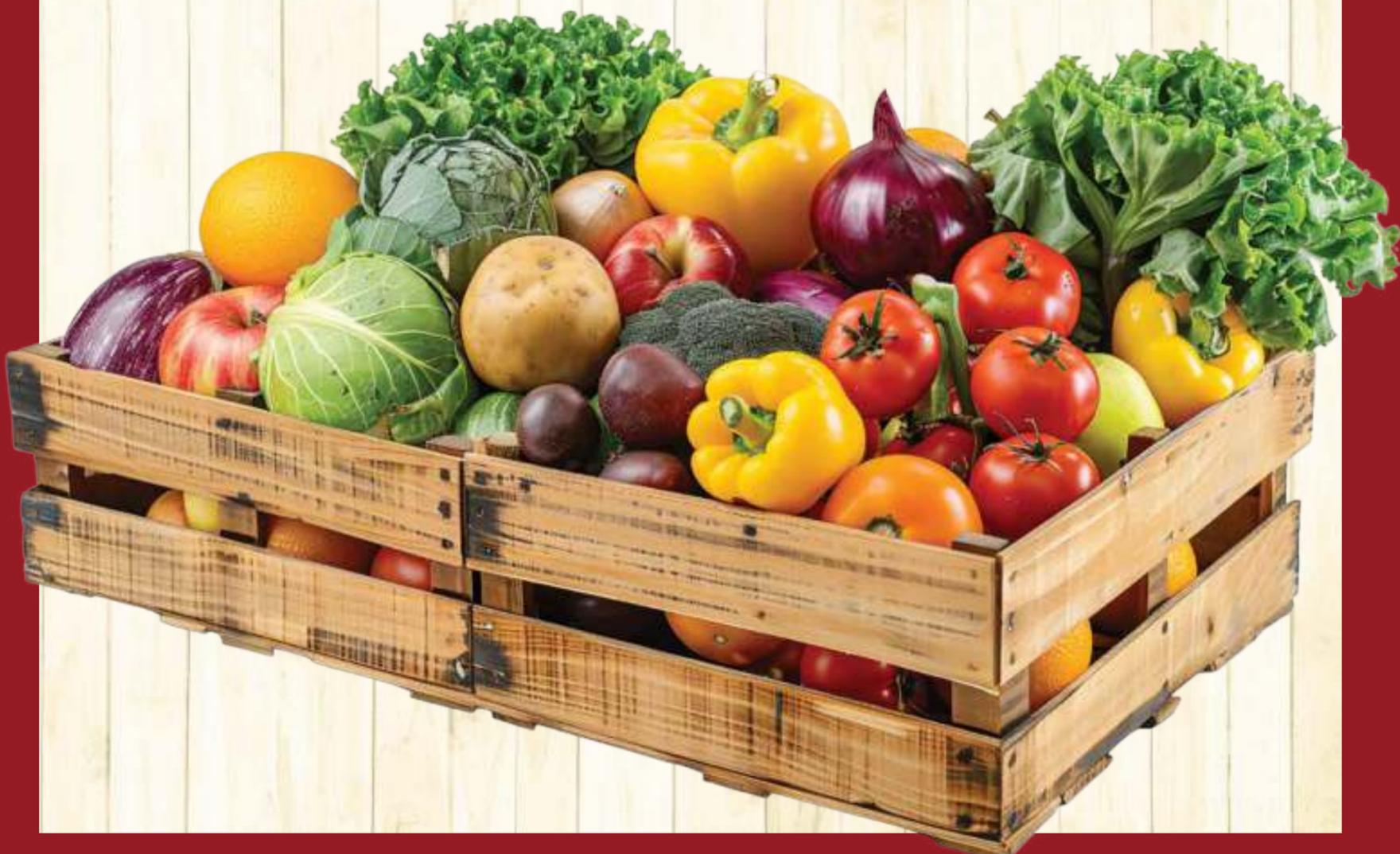
# Hello Kanata!

Rediscover a fun, fresh-market experience at our new location, featuring an expanded selection of products, a reimagined layout, and so much more. Come on in!

**Now Open!**

A FARM BOY  
**FRESH  
TWIST**

We're passionate about creating a food shopping experience that surprises and delights.



Visit [farmboy.ca](http://farmboy.ca) | [@officialfarmboy](https://www.instagram.com/officialfarmboy)

See in store for more great savings!

Farm Boy™

## Italian & Swedish Meatballs

Delicious and convenient, our slow-cooked meatballs are moist, tender, and proudly prepared in Canada with quality pork and veal. Dig into Farm Boy™ Italian-Style Meatballs simmered in authentic tomato sauce or our Swedish-Style Meatballs in a creamy mushroom sauce. Ready in 15 minutes, they pair perfectly with pasta, potatoes, salad, and more!



Bride Valley Cheese

## Irish Cheddar with Black Peppercorn & Chives

Imported from Ireland, this hard cow's milk cheese has a mild, subtly sweet flavour and creamy texture with notes of black pepper and chives. Enjoy this handcrafted cheese on charcuterie boards, as an ingredient in potato dishes, or mixed into savoury baked goods like breads, scones, and biscuits.



Classic Crusty Parisian Bread  
475 g

SAVE \$0.80  
**3.99** ea



OKA Cheese  
Aged, Plain, or Raclette,  
sliced fresh at our Cheese Counter

SAVE \$1.00  
**4.39** /100 g



Seed to Sausage Dry Cured Sausages  
all varieties, available  
at our deli counter, 175 g

SAVE \$1.00  
**8.99** ea



Farm Boy™ Dessert Sauces  
all varieties, 220 g

SAVE \$0.52  
**5.47** ea



Farm Boy™ Wafer Rolls  
all varieties, 150 g

SAVE \$0.50  
**2.49** ea



Litehouse Dips  
all varieties, 340 g

SAVE \$1.00  
**4.99** ea



Farm Boy™ Garlic Rolls or Garlic Texas Toast  
select varieties, 405-672 g

SAVE \$1.00-\$1.50  
**3.99** /pkg



Earth's Own or Silk Dairy-Free Nog  
946 mL

SAVE \$0.50  
**3.99** ea



Dempster's English Muffins  
White or Whole Wheat,  
pkg of 6, 340 g

SAVE \$1.20  
**2.49** ea

## Floral Shop



Farm Boy™ Country Posies  
5 colours to choose from!

SAVE \$1.50  
**11.00** ea

Locally Grown!  
4" Fragrant RosAroma

SAVE \$1.00  
**9.00** ea

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# Festive Holiday Cookies



Farm Boy™

## Holiday Shape Cookies

Bring a little joy to your winter cookie tray! Our Snowman and Gingerbread Shape Cookies are delightfully soft and oh-so satisfying. Made locally using a simple recipe with a festive twist, they're the perfect treat for gatherings, packed lunches, and more.

Farm Boy™

## Holiday Butter Cookies

Celebrate the season with the return of our irresistible cookies, handcrafted with real Canadian butter! Baked in small batches from a cherished family recipe passed down for three generations, they're a scrumptious holiday snack and excellent for gifting or sharing.



From the Bake Shop

## Homestyle Holiday Cookies

The Bake Shop is bursting with traditional favourites—including our just-like-homemade cookies! An ideal partner with your favourite hot beverage, these locally crafted treats come in two classic varieties: Shortbread and Oatmeal Cranberry Walnut.



Farm Boy™

## Filled Holiday Shape Cookies

Indulge in some holiday decadence with sweet options like our Gingerbread Man Filled Cookies. Nestled between two spiced cookies is a layer of velvety icing for a nostalgic sandwich cookie that your taste buds will love!



# Cheese & Green Onion Phyllo Twists

 PREP:  
20 mins

 COOK TIME:  
30 mins

 MAKES:  
24-30 twists

 DIFFICULTY:  
Easy

[View Full Recipe Online](#)

## Ingredients

- 1 pack** Farm Boy™ Phyllo Dough, thawed overnight in fridge
- 2 packs** Farm Boy™ Barrel Aged Feta Cheese, drained and crumbled
- 3** green onions, minced (½ cup)
- ¼ cup** fresh dill, minced
- ½ cup** fresh parsley, minced
- ½ tsp** black pepper
- ½ tsp** Farm Boy™ Organic Crushed Chili Peppers
- ¾ cup** unsalted butter, melted
- 1 pack** Farm Boy™ Tzatziki
- ½** chopped Farm Boy™ Kalamata Olives

## Directions

- 1 Remove Farm Boy™ Phyllo Dough from the fridge to bring it to room temperature.
- 2 Preheat oven to 350°F (convection if you have it). Line three sheet pans with parchment paper.
- 3 In a medium bowl, combine crumbled Farm Boy™ Barrel Aged Feta Cheese, green onion, dill, parsley, black pepper, and Farm Boy™ Organic Crushed Chili Peppers. Set aside.
- 4 Lay the stack of Farm Boy™ Phyllo Dough on your counter or table, with the long side facing you. Cut the stack of pastry in half vertically. Cover pastry with a dry tea towel as you work.
- 5 Take one sheet of cut pastry and lay it onto counter, with the shorter side facing you. Brush entirely with butter. Gently crinkle the pastry like an accordion. Then, use your hands to gently flatten the pastry back down.
- 6 Place 2 scant tablespoons of the feta mixture along the length of the pastry and along the centre, leaving a ½" border on each end.
- 7 Fold the top layer of pastry over the feta and fold the bottom layer of pastry over the feta, meeting in the centre to form a long strip. Using both of your hands at the same time, grip the top and bottom off the strip to twist the pastry. Transfer twisted pastry to the trays. Repeat with remaining pastry and feta. Brush the finished twists with butter.
- 8 Bake for 18-20 minutes or until a deep golden brown. Cool for 5 minutes before serving.
- 9 While twists are baking, in a medium bowl, combine Farm Boy™ Tzatziki with chopped Farm Boy™ Kalamata Olives. Serve with pastry twists and enjoy!





# FESTIVE HOLIDAY

## INDULGENCE DINNER FOR 2

Enjoy a four-course gourmet menu designed by our chefs and inspired by some of our favourite flavours! Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!

★★★★★  
RESTAURANT  
QUALITY DINING

An incredibly priced  
4-course meal!

### MENU

**Sweet Potato & Parsnip Soup**  
Apple Compote

**Beet and Goat Cheese Salad  
with Mandarin**

**Roast Turkey Breast**  
Cranberry, Apple, and Sausage Stuffing  
Mashed Potatoes  
Carrots & Brussels Sprouts  
Turkey Gravy and Cranberry Ginger Sauce

**Brandied Christmas Cake**  
Cinnamon Custard

**50 MINUTES REHEATING**

**LAST DAY TO ORDER:**  
Tuesday, December 16

**PICK-UP DATES:**  
December 23 & 24

ORDER IN-STORE OR ONLINE ~ **FINAL DAYS TO ORDER!** | [FARMBOY.CA](http://FARMBOY.CA)



# COMPLETE FESTIVE HOLIDAY DINNER



Includes  
A Treat  
from our  
Chefs!

SERVES 6-8 PEOPLE



DON'T FORGET  
TO ADD DESSERT!

## Turkey or Ham You Choose!

Enjoy a roasted turkey with cranberry ginger sauce and turkey gravy, or choose a ham with maple mustard glaze and honey mustard cream sauce.

### Includes four delicious sides:

chive mashed potatoes, cranberry apple sausage stuffing, sliced Brussels sprouts, and roasted baby carrots to complete your meal!

2 Hour  
Cooking  
Time Required



ALL PICTURES SHOWN ARE FOR ILLUSTRATION PURPOSES ONLY.

**ORDERS CLOSE:**  
Tuesday, December 16

**PICK-UP DATES:**  
December 23–24

Order in-store or online at [farmboy.ca/specialty-dinners/](https://farmboy.ca/specialty-dinners/) ~ While quantities last!

## Monthly Hot Bar Menu



# HOLIDAY CLASSICS

Our chefs have crafted a delicious menu inspired by the festive flavours of the season—all with “A Farm Boy Fresh Twist”. Made from scratch daily using ingredients that bring you closer to the farm, each dish is sure to bring homestyle comfort!



### *Roasted Turkey Breast with Gravy*

Succulent Ontario turkey and Farm Boy™ Turkey Gravy.



### *Ham with Honey Mustard Sauce*

Juicy glazed Ontario ham with a creamy honey mustard sauce.



### *Chive Mashed Potato*

Smooth, perfectly seasoned, and finished with fresh chives.



### *Apple Cranberry Sausage Stuffing*

Made with fresh apples and our Artisan Sausage.



### *Roasted Carrots*

Roasted until tender and simply seasoned.

While quantities last – not available at Barrhaven or Blue Heron.



# Elves



## On Shelves

*Inviting all kids  
to spot a Farm Boy  
elf and win a treat!*

Join us from:

**Thursday,  
December 4**

to

**Sunday,  
December 14**

Our merry Elves are making mischief among our store shelves! Children 12 and under are invited on a festive search of their neighbourhood Farm Boy for 3 holiday Elf cutouts. Find one and receive a sweet seasonal surprise!





# HOLIDAY FOOD DRIVE

We're collecting donations at checkout to support Feed Ontario and local food banks across the province. **100% of the money** raised will go directly to these organizations to help those in need. Any donation is appreciated.

\$5

With any \$5 donation, you will receive a certificate to add your name to our giving wall.

In support with:



FEED  
ONTARIO

Thank you! ❤️

[Find Your Store to Donate](#)





# New Year's Eve

## DINNER FOR TWO

Enjoy restaurant quality dining at home with this incredibly priced 4-course meal designed by the Farm Boy Chefs.

Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!

### MENU

Red Pepper Bisque  
with Pesto Cream

★★★★★

Cranberry Orange Pecan Brie Bake,  
Mini Loaf, Lemon Garlic Greens

★★★★★

Mushroom & Spinach Stuffed Chicken Breast,  
Roasted Vegetables & Garlic Mashed Potatoes

★★★★★

Cherry Clafoutis with Vanilla Bean  
Chantilly Cream

**30 MINUTES REHEATING**

**\$99<sup>99</sup>**

**ORDERS CLOSE:** Friday, Dec. 26

**PICK-UP DATE:** Wednesday, Dec. 31

Order in-store or online.  
While quantities last!  
[FARMBOY.CA/  
SPECIALTY-DINNERS/](http://FARMBOY.CA/SPECIALTY-DINNERS/)



A FARM BOY  
**FRESH  
TWIST**™

# Where fresh meets festive!

At Farm Boy, we strive to show our customers that grocery shopping can be more than just an errand. It can be a source of joy, discovery, and inspiration. We work with **local farmers, growers, and producers** to bring you an unparalleled shopping experience filled with items that surprise and delight. Each store is stocked with **hand-selected products chosen just for you to enjoy.**

## Holiday favourites with Farm Boy flair.

Spoon up a festive twist on traditional turkey dinner with our **Turkey Dinner Soup**—only here for a short time. Crafted in small batches by our chefs, it's packed with hearty turkey, Yukon Gold potatoes, and rich turkey gravy for a cold-weather comfort that's anything but ordinary.



### Baked with care.

Spice up the holiday season with our **limited time-only Gingerbread Loaf Cake**. Baked from scratch by us daily with premium ingredients and our own exclusive recipe, it's moist, tender, and the perfect treat to pair with your favourite Farm Boy holiday beverage.

**Come on in and discover how we're changing  
the way you shop—one twist at a time!**

[Learn More](#)