



INDULGENCE DINNER FOR 2

Easter Dinner

Carrot Tomato Soup
Herb Oil and Tomato Crumb

Beet Tartare
Honey Whipped Ricotta,
Garlic Buns

Roast Turkey Breast
Apple Cranberry Sausage Stuffing,
French Green Beans, Roasted Baby Carrots,
Chive Mashed Potatoes,
Turkey Gravy, Cranberry Ginger Sauce

Carrot Cake Blondie
Cream Cheese Whip

★★★★★
RESTAURANT
QUALITY DINING

An incredibly priced
4-course meal!

REHEATING & SERVING INSTRUCTIONS

Carrot Tomato Soup

Place soup in medium saucepan and simmer over medium low heat, for 5 minutes, until temperature reaches 165°F (74°C). Garnish with Sundried Tomato Panko.

Beet Tartare with Honey Whipped Ricotta

Scoop beet tartare onto plates and top with Honey Whipped Ricotta. Serve Chilled. Serve with Garlic Buns.

Garlic Buns

Place garlic buns on an oven safe tray and toast in the oven at 350°F (177°C) for 5 minutes.

Roast Turkey Breast, Cranberry Apple Sausage Stuffing

Place turkey and stuffing container on tray and bake, uncovered at 350°F (177°C) for 40-50 minutes, or until internal temperature reaches 165°F (74°C).

Vegetable Sides

Place vegetable container on tray and bake, uncovered, at 350°F (177°C) for 15-20 minutes, or until internal temperature reaches 165°F (74°C).

Turkey Gravy

Place gravy in small saucepan and simmer over medium low heat, for 5 minutes, or until internal temperature reaches 165°F (74°C).

Cranberry Sauce

Serve chilled.

Carrot Cake Blondie with Cream Cheese Whipped Cream

Place blondie onto an oven safe tray, uncovered, at 350°F (177°C) for 10 minutes until warmed. Serve with a scoop of Cream Cheese Whipped Cream.



NUTRITIONAL INFORMATION

PLEASE NOTE: All produced in a facility where these common allergens are present. May contain: peanuts, tree nuts, sesame, milk, eggs, fish/seafood, soy, wheat/gluten, sulphites, mustard.

KEEP ALL ITEMS IN DINNER REFRIGERATED

CARROT TOMATO SOUP

Nutrition Facts Valeur nutritive

Per 1 cup (250 mL)
Pour 1 tasse (250 mL)

Calories 350	% Daily Value*
Fat / Lipides 29 g	39 %
Saturated / saturés 10 g	53 %
+ Trans / trans 0.4 g	
Carbohydrate / Glucides 21 g	
Fibre / Fibres 4 g	15 %
Sugars / Sucres 10 g	10 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 25 mg	
Sodium 810 mg	35 %
Potassium 600 mg	18 %
Calcium 100 mg	8 %
Iron / Fer 1.25 mg	7 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Carrot tomato bisque (water, carrots, tomatoes, red onions, Cream 35% M.F.) • Herb oil (canola and olive oil) • Panko sundried tomato crumb (breadcrumbs, sundried tomatoes, tomato, salt, chives, basil, garlic, Parmigiano Reggiano cheese, black pepper, paprika).

Contains: Milk • Wheat • Sulphites.

GARLIC BUNS

Nutrition Facts Valeur nutritive

Per 1 bun (65 g)
Pour 1 petit pain (65 g)

Calories 240	% Daily Value*
Fat / Lipides 12 g	16 %
Saturated / saturés 1.5 g	9 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 27 g	
Fibre / Fibres 1 g	5 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 25 mg	
Sodium 410 mg	18 %
Potassium 75 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 1.75 mg	10 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Enriched wheat flour • Water • Garlic spread (canola oil, water, modified palm and palm kernel oils, salt, garlic, vegetable monoglycerides, onion, soy lecithin, parsley, potassium sorbate, garlic oil, citric acid, natural and artificial flavour) • Liquid whole egg • Sugar • Canola oil • Salt • Yeast.

Contains: Eggs • Soy • Wheat.

BEET TARTARE WITH HONEY WHIPPED RICOTTA

Nutrition Facts Valeur nutritive

Per 1/4 cup (85 g)
Pour 1/4 tasse (85 g)

Calories 100	% Daily Value*
Fat / Lipides 5 g	7 %
Saturated / saturés 2.5 g	14 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 8 g	
Fibre / Fibres 1 g	5 %
Sugars / Sucres 6 g	6 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 15 mg	
Sodium 330 mg	14 %
Potassium 200 mg	6 %
Calcium 75 mg	6 %
Iron / Fer 0.75 mg	4 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Beets • Ricotta (whey, milk, bacterial culture, salt, citric acid) • White wine vinegar • Sugars (pasteurized white honey) • Dijon mustard (water, mustard flour, white vinegar, salt, xanthan gum, spices) • Whole grain dijon mustard (water, mustard seeds, vinegar, salt, dill seasoning, tumeric) • Olive oil • Salt • Chives • Parsley • Black pepper.

Contains: Milk • Sulphites • Mustard.

ROAST TURKEY WITH STUFFING

Nutrition Facts Valeur nutritive

Per 1/3 package (300 g)
Pour 1/3 emballage (300 g)

Calories 580	% Daily Value*
Fat / Lipides 31 g	42 %
Saturated / saturés 15 g	76 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 37 g	
Fibre / Fibres 2 g	8 %
Sugars / Sucres 19 g	19 %
Protein / Protéines 36 g	
Cholesterol / Cholestérol 145 mg	
Sodium 810 mg	35 %
Potassium 600 mg	18 %
Calcium 75 mg	6 %
Iron / Fer 3.5 mg	19 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Turkey breast (turkey breast, brown sugar, salt) • Cranberry apple sausage stuffing (Rideau stuffing bread [enriched wheat flour, water, sugar, salt, fresh yeast], chicken stock [water, chicken bones, carrots, celery, onions, parsley, thyme], apples, celery, onions, Farm Boy™ Sweet Italian Sausage [ground pork, Italian sausage seasoning, water, red wine vinegar], dried cranberries, butter, parsley, thyme, sage, marjoram, rosemary, pepper, nutmeg, salt) • Turkey gravy (turkey stock [water, roasted turkey necks, carrots, onions, celery, garlic, thyme], butter, enriched wheat flour, soy sauce, black pepper, thyme, sage, marjoram, rosemary, pepper, nutmeg) • Garlic flower butter (butter, Farm Boy™ Garlic Flowers, salt, black pepper, dried parsley) • Parsley.

Contains: Milk • Soy • Wheat • Sulphites.

BEANS, CARROTS, AND CHIVE MASHED POTATOES

Nutrition Facts Valeur nutritive

Per 1/4 package (214 g)
Pour 1/4 emballage (214 g)

Calories 340	% Daily Value*
Fat / Lipides 8 g	11 %
Saturated / saturés 3 g	16 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 57 g	
Fibre / Fibres 16 g	58 %
Sugars / Sucres 5 g	5 %
Protein / Protéines 12 g	
Cholesterol / Cholestérol 10 mg	
Sodium 560 mg	24 %
Potassium 1200 mg	35 %
Calcium 150 mg	12 %
Iron / Fer 3 mg	17 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Mashed potato (potatoes, cream (milk, cream, sodium citrate, sodium phosphate, carrageenan), milk, butter, chives, salt, spice) • Carrots • Green beans • Olive oil • Parsley • Salt • Black pepper.

Contains: Milk.

TURKEY GRAVY

Nutrition Facts Valeur nutritive

Per 1/4 cup (60 mL)
Pour 1/4 tasse (60 mL)

Calories 100	% Daily Value*
Fat / Lipides 7 g	10 %
Saturated / saturés 3.5 g	18 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 5 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 30 mg	
Sodium 230 mg	10 %
Potassium 75 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 0.75 mg	4 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Turkey stock (water, roasted turkey necks, carrots, onions, celery, garlic, thyme) • Butter • Enriched wheat flour • Soy sauce (water, soybeans, wheat, salt, sodium benzoate, brewing starter) • Black pepper • Thyme • Sage • Marjoram • Rosemary • Pepper • Nutmeg.

Contains: Milk • Soy • Wheat.

CRANBERRY GINGER SAUCE

Nutrition Facts Valeur nutritive

Per 4 tbsp (60 mL)
Pour 4 c.à.s (60 mL)

Calories 110	% Daily Value*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 27 g	
Fibre / Fibres 1 g	5 %
Sugars / Sucres 23 g	23 %
Protein / Protéines 0.2 g	
Cholesterol / Cholestérol 0 mg	
Sodium 280 mg	12 %
Potassium 40 mg	1 %
Calcium 10 mg	1 %
Iron / Fer 0.2 mg	1 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Cranberries • Sugar • Water • Ginger • Salt • Cinnamon.

CARROT CAKE BLONDIE WITH CREAM CHEESE WHIP

Nutrition Facts Valeur nutritive

Per 1/6 cake (81 g)
Pour 1/6 gâteau (81 g)

Calories 310	% Daily Value*
Fat / Lipides 17 g	22 %
Saturated / saturés 11 g	56 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 39 g	
Fibre / Fibres 1 g	2 %
Sugars / Sucres 29 g	29 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 60 mg	
Sodium 150 mg	7 %
Potassium 50 mg	1 %
Calcium 40 mg	3 %
Iron / Fer 0.75 mg	4 %

* 5% or less is a little, 15% or more is a lot.
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: Sugars (brown sugar, icing sugar [sugar, cornstarch], decorating sugar [dextrose, corn starch, palm oil, magnesium stearate, natural flavour]) Cream cheese (milk ingredients, salt, bacterial culture, carob bean gum, sorbic acid) • Enriched wheat flour • Cream 35% M.F. (milk, cream, guar gum, carrageenan, locust bean gum, glucose solids) • Butter • Carrots • Liquid whole egg • Artificial and natural vanilla flavour • Baking powder • Salt • Cinnamon • Ginger powder • Nutmeg • Cloves.

Contains: Milk • Eggs • Wheat.

If there are any issues with your dinner, please reach out to the store directly.
Store phone numbers can be found on farmboy.ca.