



## Vegetarian Spring Rolls

<b>Nutrition Facts</b>		<b>Valeur nutritive</b>	
Per 1 spring roll (52 g)		par 1 spring roll (52 g)	
Amount		% Daily Value	
Teneur		% valeur quotidienne	
<b>Calories / Calories</b>	180		
<b>Fat / Lipides</b>	13 g	<b>20 %</b>	
Saturated / saturés	1 g	<b>5 %</b>	
+ Trans / trans	0 g		
<b>Cholesterol / Cholestérol</b>	0 mg		
<b>Sodium / Sodium</b>	330 mg	<b>14 %</b>	
<b>Carbohydrate / Glucides</b>	16 g	<b>5 %</b>	
Fibre / Fibres	2 g	<b>8 %</b>	
Sugars / Sucres	1 g		
<b>Protein / Protéines</b>	2 g		
Vitamin A / Vitamine A		35 %	
Vitamin C / Vitamine C		10 %	
Calcium / Calcium		2 %	
Iron / Fer		4 %	

- Per 1 spring roll (52 g)
- \* low in saturated fat
  - \* 0 trans fat
  - \* cholesterol free
  - \* source of fibre
  - \* 2 g protein
  - \* source of Vitamin C
  - \* excellent source of Vitamin A

Ingredients: Spring Roll (wrapper (wheat flour, water, salt, rapeseed oil, sodium phosphate, polyglycerol esters of fatty acids, ascorbic acid, soy lecithin, ascorbyl palmitate), potatoes, onions, carrots, cabbage, canola oil, sweet potato, taro, black pepper, rice noodles (rice, water), natural mushroom seasoning (mushroom powder, salt, mushroom extract, Vitamin B, Calcium), sugar, salt), canola oil.  
Contains wheat, soy.

Nutritional Keys:



*This product was prepared in a facility that contains allergens. May contain peanuts, tree nuts, sesame, milk, eggs, fish, soy, wheat, sulphites, and mustard.*