



Mother's Day Brunch

GENEROUSLY SERVES 4

Gazpacho Salad

Pepper Medley, Mini Bocconcini,
Balsamic Vinaigrette

Eggs Benedict Bake

English Muffins, Peameal Bacon, Sauce Choron

Slow Roasted Tomatoes and Breakfast Sausages

Cheesy Shredded Potato Hash

Fiesta Cheese,
Mesquite Roasted Potatoes and Peppers

Lemon Ricotta Cake

Lemon Whipped Cream and Mixed Berries

REHEATING & SERVING INSTRUCTIONS

Gazpacho Salad

Place salad in large bowl, add dressing and toss well.

Eggs Benedict Bake

Place container on oven safe tray and bake, uncovered, at 375°F (191°C) for 20-25 minutes, until internal temperature reaches 165°F (74°C).

Sauce Choron

Place sauce into a pot and bring to a simmer, 5 minutes, until the internal temperature reaches 165°F (74°C).

Slow Roasted Tomatoes and Breakfast Sausages

Place container on oven safe tray and bake, uncovered, at 375°F (191°C) for 15-20 minutes, until internal temperature reaches 165°F (74°C).

Cheesy Shredded Potato Hash

Place container on oven safe tray and bake, uncovered, at 375°F (191°C) for 20-25 minutes, until internal temperature reaches 165°F (74°C).

Lemon Ricotta Cake

Allow cake to come to room temperature before serving. Serve with lemon whipped cream and mixed berries.

NUTRITIONAL INFORMATION

PLEASE NOTE: All produced in a facility where these common allergens are present. May contain: peanuts, tree nuts, sesame, milk, eggs, fish/seafood, soy, wheat/gluten, sulphites, mustard.

KEEP ALL ITEMS IN DINNER REFRIGERATED

GAZPACHO SALAD WITH BALSAMIC VINAIGRETTE

Nutrition Facts Valeur nutritive	
Per 1/2 cup (100 g) pour 1/2 tasse (100 g)	
Calories 260	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 18 g	25 %
Saturated / saturés 8 g	42 %
+ Trans / trans 0.3 g	
Carbohydrate / Glucides 9 g	
Fiber / Fibres 1 g	3 %
Sugars / Sucres 5 g	5 %
Protein / Protéines 16 g	
Cholesterol / Cholestérol 45 mg	
Sodium 60 mg	3 %
Potassium 175 mg	5 %
Calcium 300 mg	23 %
Iron / Fer 0.5 mg	3 %

INGREDIENTS: Sweet peppers • Bocconcini cheese (cheese: pasteurized milk, bacterial culture, rennet; liquid: water, potassium sorbate) • Cucumber • Farm Boy™ Balsamic Vinaigrette (balsamic vinegar, sunflower oil, sugars (honey), extra virgin olive oil, dehydrated garlic, red bell pepper) • Grape tomato • Parsley.

Contains: Milk.

EGGS BENEDICT BAKE

Nutrition Facts Valeur nutritive	
Per 1/8 package (118 g) pour 1/8 emballage (118 g)	
Calories 180	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 6 g	8 %
Saturated / saturés 2.5 g	12 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 4 g	4 %
Protein / Protéines 13 g	
Cholesterol / Cholestérol 140 mg	
Sodium 460 mg	20 %
Potassium 300 mg	9 %
Calcium 125 mg	10 %
Iron / Fer 2 mg	11 %

INGREDIENTS: Whole milk • Liquid whole egg • English muffin (enriched wheat flour, water, yeast, corn meal, sugar, corn flour, wheat gluten, vinegar, salt, soybean and/or canola oil, calcium propionate, mono- and diglycerides, monocalcium phosphate, fumaric acid, potassium sorbate, diacetyl tartaric acid esters of mono- and diglycerides, sorbic acid, calcium silicate, amylase, xylanase, sunflower oil, protease) • Farm Boy™ Peameal Style Bacon (pork, water, cornmeal, salt, sugar, sodium phosphate, sodium ascorbate, sodium bicarbonate, sodium nitrite, canola oil, spice) • Salt • Chives • Onion powder • Garlic powder • Paprika • Black pepper.

Contains: Milk • Eggs • Wheat.

SAUCE CHORON

Nutrition Facts Valeur nutritive	
Per 1/4 cup (60 mL) pour 1/4 tasse (60 mL)	
Calories 130	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 9 g	12 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 9 g	
Fiber / Fibres 1 g	2 %
Sugars / Sucres 6 g	6 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 20 mg	
Sodium 200 mg	9 %
Potassium 225 mg	7 %
Calcium 75 mg	6 %
Iron / Fer 2 mg	3 %

INGREDIENTS: Water • Cream 35% M.F. (milk, cream, guar gum, carrageenan, locust bean gum, glucose solids) • Hollandaise sauce mix (modified milk ingredient, wheat flour, modified cornstarch, palm oil, MSG, canola oil, corn syrup solids, hydrolyzed vegetable proteins, dehydrated onion, dehydrated garlic, salt, locust bean gum & guar gum, citric acid, spices, disodium inosinate, disodium guanylate, paprika extracts) • Tomato paste (tomatoes, citric acid) • White wine vinegar (white wine, sulphites) • Tarragon • Olive oil.

Contains: Milk • Soy • Wheat • Sulphites.

SLOW ROASTED TOMATOES AND BREAKFAST SAUSAGES

Nutrition Facts Valeur nutritive	
Per 3 pieces (150 g) pour 3 morceaux (150 g)	
Calories 240	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 15 g	20 %
Saturated / saturés 4 g	22 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 8 g	
Fiber / Fibres 2 g	5 %
Sugars / Sucres 6 g	6 %
Protein / Protéines 18 g	
Cholesterol / Cholestérol 55 mg	
Sodium 730 mg	32 %
Potassium 650 mg	19 %
Calcium 40 mg	3 %
Iron / Fer 1.25 mg	7 %

INGREDIENTS: Tomatoes • Ground pork • Pure Canadian maple syrup • Olive oil • Water • Whole grain Dijon mustard (water, mustard seeds, vinegar, salt) • Salt • Chives • Garlic • Black pepper • Thyme • Garlic powder • Onion powder • Dried parsley • Sage • Nutmeg.

Contains: Mustard.

CHEESY SHREDDED POTATO HASH

Nutrition Facts Valeur nutritive	
Per 1/4 package (195 g) pour 1/4 emballage (195 g)	
Calories 340	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 15 g	20 %
Saturated / saturés 5 g	28 %
+ Trans / trans 0.3 g	
Carbohydrate / Glucides 43 g	
Fiber / Fibres 6 g	20 %
Sugars / Sucres 9 g	9 %
Protein / Protéines 10 g	
Cholesterol / Cholestérol 20 mg	
Sodium 510 mg	22 %
Potassium 1050 mg	31 %
Calcium 200 mg	15 %
Iron / Fer 2 mg	11 %

INGREDIENTS: Potatoes • Sweet peppers • Red onions • Farm Boy™ Fiesta Blend Shredded Cheese (milk, salt, calcium chloride, microbial enzyme, bacterial culture, red bell peppers, jalapeno peppers, flavouring, annatto) • Olive oil • Seasoning (sugars [sugar, dextrose], dehydrated vegetables [garlic, onion, tomato], toasted wheat crumbs, salt, spices, turmeric, paprika, hydrolyzed vegetable protein, citric acid, chipotle, natural smoke flavour, malic acid, canola oil, paprika extract, caramel colour) • Garlic.

Contains: Milk • Soy • Wheat.

LEMON RICOTTA CAKE

Nutrition Facts Valeur nutritive	
Per 1/10 unit (87 g) pour 1/10 unité (87 g)	
Calories 290	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 11 g	14 %
Saturated / saturés 3.5 g	18 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 43 g	
Fiber / Fibres 1 g	2 %
Sugars / Sucres 25 g	25 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 55 mg	
Sodium 220 mg	10 %
Potassium 75 mg	2 %
Calcium 100 mg	8 %
Iron / Fer 1.25 mg	7 %

INGREDIENTS: Ricotta (whey, milk, salt, citric acid) • Sugar • Enriched wheat flour • Liquid whole egg • Olive oil • Lemon juice • Baking powder • Salt • Lemon oil.

Contains: Eggs • Wheat • Milk.

LEMON WHIPPED CREAM AND MIXED BERRIES

Nutrition Facts Valeur nutritive	
Per 1 cup (150 g) pour 1 tasse (150 g)	
Calories 280	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 21 g	28 %
Saturated / saturés 14 g	73 %
+ Trans / trans 0.4 g	
Carbohydrate / Glucides 23 g	
Fiber / Fibres 3 g	10 %
Sugars / Sucres 19 g	19 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 45 mg	
Sodium 20 mg	1 %
Potassium 175 mg	5 %
Calcium 75 mg	6 %
Iron / Fer 0.75 mg	4 %

INGREDIENTS: Cream 35% M.F. (milk, cream, guar gum, carrageenan, locust bean gum, glucose solids) • Blackberries • Blueberries • Sour cream (cream, milk, skim milk powder, modified corn starch, guar gum, carrageenan, carob bean gum, sodium citrate, sodium phosphate, bacterial culture) • Raspberries • Icing sugar • Lime juice • Skim milk powder • Lemon oil.

Contains: Milk.

If there are any issues with your dinner, please reach out to the store directly. Store phone numbers can be found on farmboy.ca.