

Quality, value, and freshness guaranteed.

It's all about the food.™



Fresh Whole Chicken
Canada grade A, product of Canada

SAVE \$1.50

2.99 /lb
6.59/kg



Coho Salmon Fillets
frozen or previously frozen, product of Chile

SAVE \$4.00

9.99 /lb
22.02/kg



Blackberries or Large Pomegranates
product of Mexico/Peru/USA, Blackberries: 170 g

2/5.00



Hayter's Farm Extra Lean Ground Turkey
product of Ontario, 450 g

SAVE \$3.00

3.99 /pkg



Simply Juices
all varieties, 2.63 L

SAVE \$3.00

5.99 ea



Hothouse Tomatoes
Canada no. 1 grade, product of Canada

1.78 /lb
3.92/kg



Farm Boy™ 8" Apple Pie
regular or no sugar added, 620 g

SAVE \$1.00

5.99 ea



Sofina Roasted Turkey
all varieties, sliced fresh at our Deli Counter

SAVE \$0.50

2.99 /100 g



St-Albert Dairy Co-Op Cheddar Cheese
Marble, Medium, Mild, or Old; cut or sliced, product of Canada

SAVE 20%



Farm Boy™ Sparkling Beverages
all varieties, 750 ml

SAVE \$0.50

2.99 ea



Farm Boy™ Stone-Baked Pizza
all varieties, frozen, 330-375 g

SAVE \$1.00

4.99 ea



Farm Boy™ All-Natural Peanut Butter
500 g

SAVE \$1.00

3.49 ea



Farm Boy™ Brioche Hamburger Buns
Regular or Sesame, 4x57 g

SAVE \$1.00

2.99 /pkg



Riviera Petit-Pot or Set-Style Yogurt
select varieties, 4x120 g or 750 g

SAVE \$1.80 - \$2.50

3.99 ea or /pkg



Farm Boy™ Fair Trade Coconut Water
500 ml

SAVE \$0.49 ea

2/4.00

SPRING INTO FRESHNESS

FRESH SPECIALS IN EFFECT
Thursday, April 18 to Wednesday, April 24, 2024.

Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials. Visit farmboy.ca for store addresses and hours. Not all products available at all stores.



Scan here for our full digital flyer

farmboy.ca
@officialfarmboy

Meat & Seafood Market



Cut from Canada AAA Beef Boneless Beef Blade Roast
aged a minimum of 21 days

SAVE \$1.00
9.99 /lb
22.02/kg



Boneless, Skinless Chicken Thighs
fresh, product of Canada

SAVE \$1.60
6.99 /lb
15.41/kg



Cut from Canada AAA Beef Flank Grilling Steak
aged a minimum of 21 days

SAVE \$3.00
14.99 /lb
33.05/kg



Farm Boy™ Jumbo Cooked Shrimp
frozen, 16-19 shrimp per bag,
21-25/lb count, 340 g

SAVE \$5.00
8.99 /pkg

Chef's Market

Cookout Favourite!

A Canadian twist on a Southern classic! Succulent, high-quality pork has been slow-cooked in sweet and savoury seasonings until fall-apart tender. It's the perfect grab-and-go protein that delivers on convenience and taste. Enjoy it with our slider buns, fresh coleslaw, or crisp salads for a quick and delicious meal.



Farm Boy™ Maple BBQ Pulled Pork
400 g

SAVE \$2.00
8.99 ea



Farm Boy™ Gnocchi
select varieties,
500 g

SAVE \$0.99 ea
2/3.00



Smart Juice Premium Juice
all varieties, 1 L

SAVE \$3.00
6.99 ea



Gay Lea Sour Cream
all varieties,
425-500 ml

SAVE \$1.30-\$1.80
2.99 ea



Farm Boy™ Swiss Rolls
all varieties, pkg of 6, 400 g

SAVE \$1.00
4.99 /pkg



St. Dalfour Handcrafted Fruit Spreads
all varieties, 225 ml

SAVE \$1.50
5.99 ea



Oakrun Farm Bakery English Muffins
all varieties, pkg of 6, 340 g

SAVE \$0.69 ea
2/5.00



Armstrong Melts Slices
pkg of 24, 450 g

SAVE \$2.30
3.99 ea



Casa Italia Diced Pancetta Style Bacon
200 g

SAVE \$1.00
7.99 ea

FRESH produce arriving daily!



Jumbo Cantaloupes
product of Guatemala/Honduras

3.99 ea



Lemons or Limes
product of Mexico/South Africa/Turkey

4.99 /bag
3 lb BAG
2 lb BAG
3.99 /bag



Cosmic Crisp Apples
no 1 grade,
product of USA

1.88 /lb
4.14/lb



Rainbow Sweet Bell Peppers
product of Canada/Mexico

PKG OF 4
3.99 /pkg



Green or White Zucchini
product of Mexico

1.49 /lb
3.28/kg



Bicolour Sweet Corn
no. 1 grade,
product of USA

PKG OF 5
3.99 /pkg



Brown or Heirloom Tomatoes
Canada no. 1 grade, product of Canada, Brown Tomatoes: 1 lb, Heirloom Tomatoes: 567 g

LOCAL
2.99 /pkg



Farm Boy™ Foil Baking Potatoes
Regular or Mini,
Canada no. 1 grade, product of Canada

2.99 /pkg



Seedless Cucumbers
Canada no. 1 grade,
product of Canada

LOCAL
4/5.00

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. Product selection may vary by store.

PLEASE VISIT FARMBOY.CA FOR A FULL LIST OF STORE ADDRESSES TO FIND A LOCATION NEAR YOU!

See in store for more great savings!

Farm Boy™

Single Serve Quiches

Made from scratch the traditional French way! Delicate pastry shells are filled with a creamy, savoury egg custard, meats, cheeses, and vegetables before being baked until perfectly golden. Available in: Ham & Cheese, Lorraine, Spinach & Mushroom, or Vegetable.

all varieties, 200 g



5.99 ea

Farm Boy™

Jumbo Muffins

Our GIANT muffins are guaranteed to satisfy big appetites! Baked fresh in our stores, these yummy treats are made from scratch with simple ingredients. Available in packs of four, try them in the flavours of Berry Burst, Chocolate Chunk, Cranberry Lemon, Lemon Poppysed, or Triple Chocolate.

all varieties, pkg of 4, 540-682 g



SAVE \$1.00

5.99 /pkg



SAVE \$1.00

Crusty & Tangy Sourdough Baguette
325 g

2.99 ea



NEW!

Taaza Paneer
product of Canada, 330 g

5.99 ea



NEW!

Tutto Gourmet Asiago or Capranero
product of Canada, 200 g

7.99 ea



SAVE \$0.50

Farm Boy Cookie Chips
all varieties, 170 g

3.99 ea



SAVE \$0.50

Farm Boy Corn Tortillas
all varieties, 450 g

3.99 /pkg



SAVE \$0.50

Farm Boy Giardiniera
1 L

4.99 ea



SAVE \$0.80

Wasa Crispbreads
all varieties, 230-275 g

3.99 ea



SAVE \$1.00

Ripple Plant-Based Beverages
all varieties, 1.42 L

5.99 ea



SAVE \$1.00

Farm Boy Creamy Dressings
select varieties, 350-430 ml

4.99 ea



LOCAL

SAVE \$5.00

Long-Stem Roses
50 cm long stems, many colours to choose from

19.99 /dozen

SAVE \$0.50

Lavender Anouk
Locally grown! 4" pot

7.49 ea

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Bag Yourself Some Fresh Deals

APRIL 22ND IS EARTH DAY

Our wide variety of reusable bags and foldable boxes are perfect for grocery hauls of any size. Keep refrigerated and frozen items chilled with our Insulated Cooler Bags, or help our long-lasting produce last even longer with our Reusable Mesh Produce Bags. Our It's All About the Food Bags are on special for 4 for \$5.00. Get your bags at checkout or at one of our displays today!



Sale applies to the strawberry design bags

Farm Boy™
It's All About
the Food™ Bag

4/5⁰⁰



Fieldless Salad Blends

This innovative farm out of Cornwall, Ontario, grows fresh, wholesome greens using renewable energy and cutting-edge technology. Grown without the use of harmful chemicals, you can enjoy crisp and flavourful salad blends like Ontario Sweets and Northern Crunch, right out of the box. They're great with zingy vinaigrettes and delicious toppings, or in sandwiches, wraps, and more.

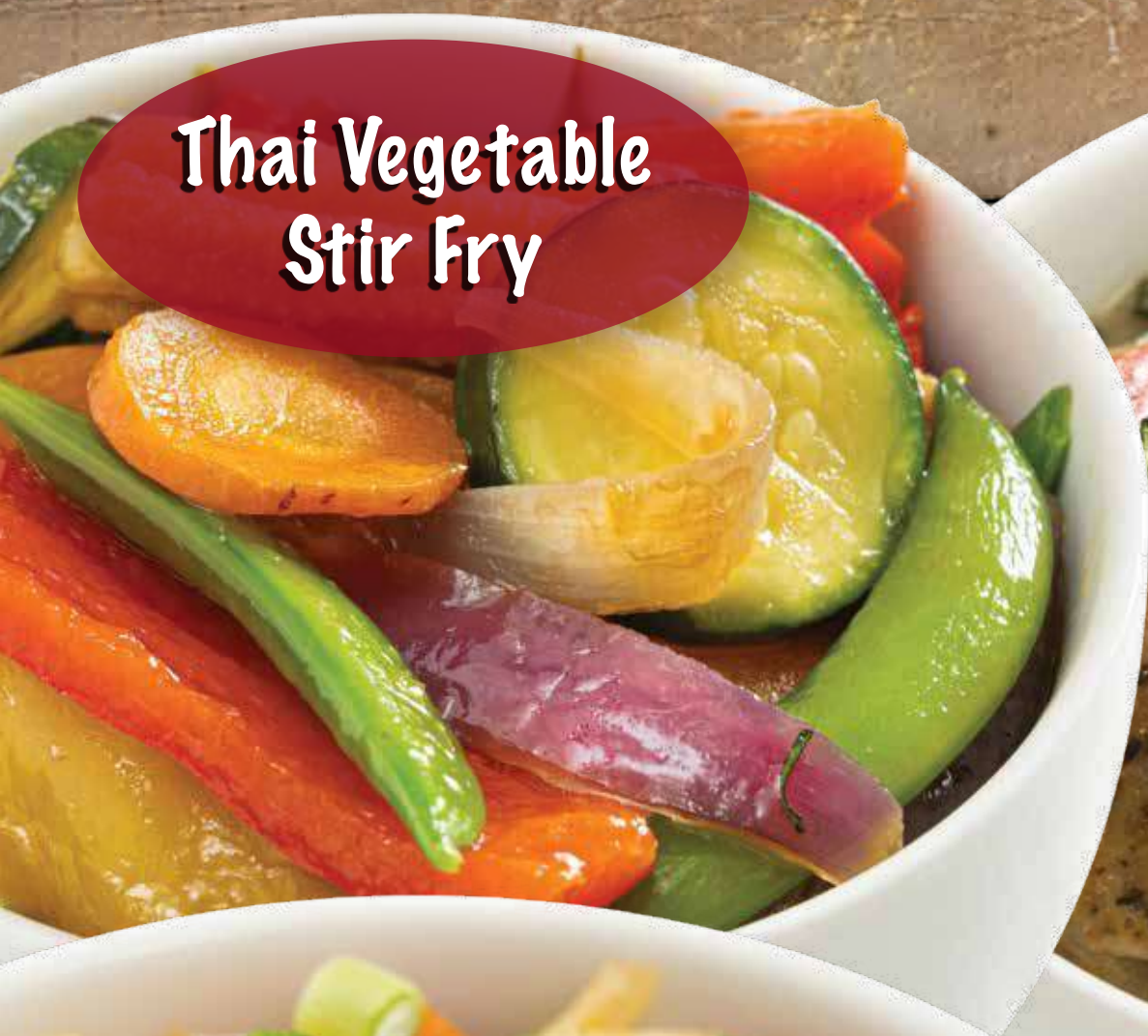
Monthly Hot Bar Menu



TASTE OF THAILAND

Enjoy made-from-scratch dishes prepared fresh daily by our chefs for your convenience. From comforting classics to globally inspired favourites, they're guaranteed to satisfy!

Thai Vegetable Stir Fry



Turkey Meatballs in Green Curry



Pad Thai



Vegetarian Spring Rolls





INDULGENCE DINNER FOR 2

Enjoy a four-course gourmet menu designed by our chefs and inspired by some of our favourite flavours! Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!



Cinco De Mayo

★ ★ ★ ★ ★
RESTAURANT
QUALITY DINING

An incredibly priced
4-course meal!

Our new Indulgence Dinner for 2 is muy caliente! With a four-course menu that's a fresh take on delicious tradition, it's a feast for the senses inspired by Mexican cuisine.

MENU

Baja Shrimp Cocktail

Pico de Gallo Cocktail Sauce,
Herbed Black Tiger Shrimp

Tortilla Soup

Lime Feta Crema, Crispy Tortilla Strips

Chipotle Pollo Asado with Roasted Chunky Salsa

Chipotle Butter, Cilantro Rice
& Zucchini a la Mexicana

Mole-inspired Chocolate Brownie

Choco-mole Sauce,
Cinnamon No-Churn Ice Cream

25 MINUTES REHEATING

ORDERS
CLOSE:
Wednesday,
May 1st

\$89.99

PICK-UP
DATE:
Saturday,
May 4th



ORDER IN-STORE OR ONLINE ~ WHILE QUANTITIES LAST! | FARMBOY.CA



Mother's Day Brunch

GENEROUSLY SERVES 4

Gazpacho Salad

Pepper Medley, Mini Bocconcini,
Balsamic Vinaigrette

Eggs Benedict Bake

English Muffins, Peameal Bacon,
Sauce Choron

Slow Roasted Tomatoes and Breakfast Sausages

Cheesy Shredded Potato Hash

Fiesta Cheese,
Mesquite Roasted Potatoes and Peppers

Lemon Ricotta Cake

Lemon Whipped Cream and Mixed Berries

25 MINUTES REHEATING

\$119⁹⁹

ORDERS CLOSE:

Wednesday, May 8th

PICK-UP DATE:

Sunday, May 12th

Order In-Store & Online
WHILE QUANTITIES LAST!

FARMBOY.CA



LONG WEEKEND
Picnic Feast

GENEROUSLY SERVES 4

**Tex-Mex Chicken Wings with
Farm Boy™ Smokehouse
BBQ Sauce**

**BBQ Monterey Jack
Chicken Sausage with
House-made Sausage Buns**

**Garden Salad with
Lemon-Lime Dressing**

Picnic Pasta Salad

Banoffee Pie

20 MINUTES REHEATING

\$99.99

**ORDERS
CLOSE:
Wednesday,
May 15th**

**PICK-UP
DATE:
Saturday,
May 18th**

**Order In-Store & Online
WHILE QUANTITIES LAST!**

FARMBOY.CA



Happy Passover

To all those celebrating
in our community,
we would like to wish
you a happy Passover.

May your days be
filled with blessings
and love.



*in*Season

Spring Edition 2024



The Spring Edition of our
Digital Magazine is out now!

[View Online](#)

