



It's all about the food.™

Hot Bar - Orzo Spinach Bake Prepared

PLU#

RMS# r488

Date: 2024-01-26

Nutrition Facts	
Valeur nutritive	
Per 1 cup (300 g) pour 1 tasse (300 g)	
Calories 590	% Daily Value*
	% valeur quotidienne*
Total Fat / Lipides 26 g	35 %
Saturated / saturés 3.5 g	18 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 77 g	
Fiber / Fibres 9 g	32 %
Sugars / Sucres 12 g	12 %
Protein / Protéines 15 g	
Cholesterol / Cholestérol 5 mg	
Sodium 630 mg	27 %
Potassium 1150 mg	34 %
Calcium 100 mg	8 %
Iron / Fer 5 mg	28 %
* 5% or less is a little, 15% or more is a lot	
* 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup	

Ingredients: Tomatoes (tomatoes, tomato juice, basil, salt, naturally derived citric acid) • Orzo pasta (enriched wheat flour) • Tomato paste (tomatoes, citric acid) • Spinach • Olive oil • Water • Onions • Sundried tomato (tomatoes, salt, potassium sorbate, sulphites, sugars [glucose], citric acid, ascorbic acid) • Garlic • Canola oil • Breadcrumbs (bleached wheat flour, shortening [palm oil], cane sugar, yeast, salt) • Parmesan cheese • Salt • Basil • Black pepper.

Contains: Milk • Wheat • Sulphites.

May contain: Peanuts • Tree nuts • Sesame • Eggs • Seafood/fish • Soy • Mustard.

Instruction: Reheat to a safe internal temperature of 165°F (74°C)