NUTRITIONAL INFORMATION

CHOCOLATE CHIP COOKIE

Nutrition Facts / Valeur nutritive Per 1 cookie (53 g) / pour 1 biscuit (53 g)	
Calories 240	% Daily Value* / % valeur quotidienne*
Total Fat / Lipides 10 g	13 %
Saturated / saturés 5 g + Trans / trans 0.1 g	25 %
Carbohydrate / Glucides 35 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 19 g	19 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 10 mg	
Sodium 200 mg	9 %
Potassium 75 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 1.75 mg	10 %

* 5%, or less is a **little**, 15% or more is a **lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

INGREDIENTS: Enriched wheat flour • Sugars (sugar, liquid invert sugar, fancy molasses) • Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural flavour, milk ingredients) • Palm oil margarine • Liquid whole eggs • Water • Baking soda • Natural flavour • Salt.

CONTAINS: Eggs • Milk • Soy • Wheat.

MAY CONTAIN: Peanuts • Tree nuts • Sesame • Fish • Shelfish • Soy • Wheat • Suphites

If there are any issues please visit **farmboy.ca**/contact-us/ to enter your contact information including a phone number, so that a member of our team can reach out to you.

NUTRITIONAL INFORMATION

OATMEAL RAISIN COOKIE

Nutrition Facts / Valeur nutritive Per 1 cookie (53 g) / pour 1 biscuit (53 g)	
Calories 230	% Daily Value* / % valeur quotidienne*
Total Fat / Lipides 9 g	11 %
Saturated / saturés 4 g + Trans / trans 0.1 g	19 %
Carbohydrate / Glucides 34 g	
Fibre / Fibres 2 g	6 %
Sugars / Sucres 17 g	17 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 5 mg	
Sodium 200 mg	9 %
Potassium 150 mg	4 %
Calcium 20 mg	2 %
Iron / Fer 1.25 mg	7 %

* 5%, or less is a **little**, 15% or more is a **lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

INGREDIENTS: Enriched wheat flour • Sugars (sugar, liquid invert sugar, fancy molasses, dextrose) • Palm oil margarine • Rolled oats • Raisins (raisins, sunflower oil) • Water • Liquid whole egg • Baking soda • Salt • Natural flavour • Baking powder.

CONTAINS: Eggs • Wheat • Oats

MAY CONTAIN: Peanuts • Tree nuts • Eggs • Milk • Fish • Shelfish • Soy • Wheat • Suphites • Mustard

If there are any issues please visit **farmboy.ca**/contact-us/ to enter your contact information including a phone number, so that a member of our team can reach out to you.

NUTRITIONAL INFORMATION

DOUBLE CHOCOLATE COOKIE

Nutrition Facts / Valeur nutritive Per 1 cookie (53 g) / pour 1 biscuit (53 g)	
Calories 250	% Daily Value* / % valeur quotidienne*
Total Fat / Lipides 12 g	16 %
Saturated / saturés 6 g + Trans / trans 0.1 g	30 %
Carbohydrate / Glucides 34 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 21 g	21 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 10 mg	
Sodium 220 mg	10 %
Potassium 150 mg	4 %
Calcium 10 mg	1 %
Iron / Fer 2.5 mg	14 %

* 5%, or less is a **little**, 15% or more is a **lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

INGREDIENTS: Sugars (sugar, invert sugar, fancy molasses) • Enriched wheat flour • Palm oil margarine • Semi-sweet chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural flavour, milk ingredients) • Liquid whole eggs • Cocoa processed with alkali • Artificial flavour • Salt • Baking soda.

CONTAINS: Eggs • Milk • Soy • Wheat • Barley

MAY CONTAIN: Peanuts • Tree nuts • Sesame • Fish • Shelfish • Soy • Wheat • Suphites

If there are any issues please visit **farmboy.ca**/contact-us/ to enter your contact information including a phone number, so that a member of our team can reach out to you.

NUTRITIONAL INFORMATION

WHITE MACADAMIA COOKIE

Nutrition Facts / Valeur nutritive Per 1 cookie (53 g) / pour 1 biscuit (53 g)	
Calories 260	% Daily Value* / % valeur quotidienne*
Total Fat / Lipides 13 g	17 %
Saturated / saturés 6 g + Trans / trans 0.1 g	32 %
Carbohydrate / Glucides 33 g	
Fibre / Fibres 1 g	2 %
Sugars / Sucres 19 g	19 %
Protein / Protéines 3 g	
Cholesterol / Cholestérol 10 mg	
Sodium 190 mg	8 %
Potassium 50 mg	1 %
Calcium 20 mg	2 %
Iron / Fer 1 mg	6 %

* 5%, or less is a **little**, 15% or more is a **lot**
* 5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

INGREDIENTS: Enriched wheat flour • Sugars (sugar, liquid invert sugar, fancy molasses) • Palm oil margarine • White chocolate (sugar, cocoa butter, whole milk powder, soy lecithin, natural vanilla extract, salt) • Macadamia nuts • Liquid whole eggs • Water • Baking soda • Natural flavour • Salt.

CONTAINS: Macadamia nuts • Eggs • Milk • Soy • Wheat

MAY CONTAIN: Peanuts • Other tree nuts • Sesame • Fish • Shellfish • Sulphites • Mustard.

If there are any issues please visit **farmboy.ca**/contact-us/ to enter your contact information including a phone number, so that a member of our team can reach out to you.