

Quality, value, and freshness guaranteed.

It's all about the food.™



SAVE \$4.00

10⁹⁹ /lb
24.23/kg

Wild-Caught Cod Fillets

product of USA, previously frozen, available at all stores except Blue Heron Mall



Crisp White Cauliflower

no. 1 grade, product of USA

2⁹⁹ ea



SAVE \$2.00

5⁹⁹ /lb
13.21/kg

Boneless, Skinless Chicken Breast

fresh, family pack size only, product of Ontario



SAVE \$1.00

3⁹⁹ /pkg

Delicious Fresh Cruffies

all varieties, made by us, pkg of 6, 335 g



Sweet Golden Pineapple

no charge to core your pineapple, product of Costa Rica

3⁹⁹ ea



SAVE \$2.50

2⁹⁹ ea or /pkg

Liberté Greek or Méditerranée Yogurt

all varieties, 4x100 g or 500 g



SAVE \$0.50

4⁴⁹ ea

Farm Boy™ Goat's Milk Cheese

all varieties, product of Canada, 113 g



SAVE \$1.00

2⁹⁹ /100 g

Hayter's Farm Montreal-Style or Oven Roasted Turkey Breast Roast

sliced fresh at our Deli Counter



SAVE \$3.00

10⁹⁹ /lb
24.23/kg

Cut from Canada AAA Beef Tri-Tip Grilling Steaks

aged a minimum of 28 days



SAVE \$1.00

2⁴⁹ ea

Farm Boy™ Popcorn

all varieties, 125 g



SAVE \$2.20

3⁹⁹ /pkg

Farm Boy™ Large Omega-3 Eggs

Canada grade A, 1 dozen



SAVE \$1.00

2⁷⁹ ea

Farm Boy™ Texas Toast

White or Whole Wheat, 800 g



SAVE \$2.00

5⁹⁹ /pkg

Fever Tree Premium Sodas

all varieties, 4x200 ml



SAVE \$1.50

3⁹⁹ ea

Farm Boy™ Perogies

all varieties, frozen, 454 g



SAVE \$1.00

2⁴⁹ ea

Farm Boy™ Passata

660 ml



Scan here for our full digital flyer

farmboy.ca
@officialfarmboy

FRESH SPECIALS IN EFFECT
Thursday, November 2 to Wednesday, November 8, 2023.
Prices valid at all Farm Boy stores. Specials subject to availability. Visit us in-store for many more great specials. Visit farmboy.ca for store addresses and hours. Not all products available at all stores.

Meat & Seafood Market



LOCAL

Farm Boy™ Chef-Prepped Pork Loin Schnitzel
made by us, product of Ontario

SAVE \$1.15

6⁹⁹ /lb
15.41/kg



SAVE \$3.00

5⁹⁹ /lb
13.21/kg

Fresh Pork Back Ribs
product of Canada



CANADIAN BEEF

SAVE \$2.00

7⁹⁹ /lb
17.61/kg

Cut from Canada AAA Beef Hip Stewing Beef
aged a minimum of 14 days



CANADIAN BEEF

SAVE \$1.00

5⁹⁹ /lb
13.21/kg

Ground In-Store Daily Lean Ground Beef
special applies to all pack sizes, fresh, product of Canada

Chef's Market



SAVE \$2.00

10⁹⁹ ea

Farm Boy™ Whole Lotta Chicken Pot Pie
550 g

- Made-from-scratch by our chefs and baked in-store daily.
- The pies are loaded, and we mean LOADED, with Canadian chicken and wholesome veggies.
- Convenient and ready to take home, just heat and eat!



LOCAL

SAVE \$1.00

5⁹⁹ ea

Farm Boy™ Chocolate Covered Double Roasted Almonds
all varieties, 275 g



SAVE \$1.00

3⁹⁹ ea

Farm Boy™ 10" Tortilla Wraps
all varieties, 680 g



LOCAL

SAVE \$1.00

3⁹⁹ ea

Farm Boy™ Cream Cheese Spread
250 g



SAVE \$1.00

3⁹⁹ /pkg

Jumbo Portuguese Buns
pkg of 6, 528 g



Organic

SAVE \$1.49 ea

2/7⁰⁰

Humble Organic Potato Chips
all varieties, 135-150 g



SAVE \$0.50

1⁹⁹ ea

Farm Boy™ Baked Beans
all varieties, 398 ml



SAVE \$1.00

3⁹⁹ ea

Earth's Own Plant-Based Beverages
select varieties, 1.75-1.89 L



SAVE \$0.60

2⁹⁹ /100 g

Albert's Leap Smoked Cheddar
cut fresh at our Cheese Counter, product of Canada

FRESH produce arriving daily!



2 lb PKG

LOCAL

4⁹⁹ /pkg

Mini Cucumbers
Canada no. 1 grade, product of Canada



LOCAL

2⁹⁹ /lb
6.59/kg

Orange, Red or Yellow Sweet Bell Peppers
product of Canada



LOCAL

2/5⁰⁰

Sliced or Whole Fresh White Mushrooms
product of Canada, 227 g



1⁴⁹ /lb
3.28/kg

Red, Spanish, Sweet or White Onions
no. 1 grade, product of Mexico/USA



LOCAL

1⁹⁹ /lb
4.39/kg

Hothouse Tomatoes
Canada no. 1 grade, product of Canada



PKG OF 3

3⁹⁹ /pkg

Romaine Hearts
product of USA



2⁹⁹ ea

Personal Watermelons
product of Mexico



3 L BASKET

4⁹⁹ /basket

McIntosh Apples
Canada extra fancy grade, product of Canada



Organic

2⁹⁹ /pkg

Organic Raspberries
no. 1 grade, product of Mexico/USA, 170 g

In case of discrepancy between the picture and the text, the text will always be deemed correct. We reserve the right to limit quantities, while supplies last. Product selection may vary by store.

PLEASE VISIT FARMBOY.CA FOR A FULL LIST OF STORE ADDRESSES TO FIND A LOCATION NEAR YOU!

See in store for more great savings!

FARM BOY™ SAVOURY PIES

HEARTY COMFORTS

We have a selection of delicious pot pies made with buttery pastry and wholesome fillings. Ready for you to heat up and enjoy, they are available in: Sloppy Joe, BBQ Pork & Beans, and Salmon Béchamel. Serve with fresh salad for a quick and nourishing meal!



COUNTRY MEAT PACKING

PROUDLY LOCAL

Country Meat Packing, a family-owned Canadian business since 1976, has been offering high quality deli meats at our stores for over a decade. Their beef, pork, and poultry products are crafted using traditional techniques and recipes!



SAVE \$1.00

Fresh Baked Plant-Based Homestyle Cookies

all varieties, pkg of 12, 480-504 g

5.99 /pkg



Ilchester Cheese Co. 12 Days of Cheesemas

240 g

24.99 ea



Farm Boy™ Premium Roast Beef

sliced fresh at our Deli Counter

SAVE \$0.30

4.69 /100 g



SAVE \$3.00

Farm Boy™ Organic Lemon or Lime Juice

500 ml

2.99 ea



LOCAL

SAVE \$1.00

Farm Boy™ Spiced Chai or Matcha Green Tea Hot Drink Mixes

400g

5.99 ea



SAVE \$0.50

Kind Fruit & Nut Bars

all varieties, 40 g

1.99 ea



SAVE \$2.00

Stoked Oats Gluten-Free Oatmeal Blends

all varieties, 500 g

7.99 ea



SAVE \$1.00

Tradition Sweet Apple Cider

1.5 L

3.49 ea



LOCAL

SAVE \$2.00

Greenhouse Organic Boosters

all varieties, 4x60 ml

11.99 /pkg



Farm Fresh Bouquets

Canadian-grown flowers!

14.99 ea



SAVE \$1.00

Mini Roses

4" ceramic pot

8.99 ea

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FARM BOY Weeknight Faves

Farm Boy™

Chicken Breast Kebabs

Hand-stacked by us with 100% Canadian chicken breast and crisp, farm-fresh veggies. Enjoy this perfectly balanced entrée with Farm Boy™ Parboiled Rice and season with our Ras El Hanout Seasoning!



Farm Boy™

Homestyle Lasagna

Our oven-ready lasagna features layer upon layer of melty cheese, tender pasta, and rich tomato sauce. Available in Homestyle Meat or Spinach and Ricotta. Serve with a side of Farm Boy™ Simply Five Garlic Focaccia.



Farm Boy™
Family Faves

Butter Chicken

A classic dish made with succulent chicken on a bed of white rice spiced with cardamom, garam masala, turmeric, and cumin for authentic flavour. An excellent value for a family of four, prepare a quick meal with a side of air-fried veggies.

Farm Boy™

Broccoli Cheddar Soup

Made-from-scratch with a blend of fresh broccoli, Yukon gold potatoes, chicken broth, and aged cheddar cheese. Add cooked pasta and diced rotisserie chicken for a wholesome meal!





INDULGENCE DINNER FOR 2

Enjoy a four-course gourmet menu designed by our chefs and inspired by some of our favourite flavours! Simply pre-order online or in-store for pickup, follow the heating instructions, and enjoy!

★★★★★
RESTAURANT
QUALITY DINING

An incredibly priced
4-course meal!

November Nights

Grab your favourite flannel, get cozy, and dig into this Indulgence Dinner for 2! Enjoy these hearty, comforting flavours to warm up your autumn night.

MENU

Creamy Parsnip Soup

Merguez Sausage, Stewed Apples

Red Pepper Puff

Pepper Tomato Ragout,
Goat Cheese

Peri Peri Spiced Chicken

Herb Whipped Potatoes,
Buttered Heirloom Carrots

Sweet Potato Pecan Pie

Brandy Cream

20-25 MINUTES REHEATING

ORDERS
CLOSE:

Wednesday,
November 15th

\$79⁹⁹

PICK-UP
DATE:

Saturday,
November 18th

ORDER IN-STORE OR ONLINE
WHILE QUANTITIES LAST!

FARMBOY.CA/SPECIALTY-DINNERS/



Digital Magazine

*in*Season

Fall Harvest Edition 2023

AROUND THE *Harvest Table*

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AROUND THE
HARVEST
TABLE

VIEW ONLINE