



## Mother's Day Brunch

**Breakfast Sausage & Roasted Roma Tomatoes**

**Garden Vegetable & Bocconcini Salad**

**Shredded Potato Cheese Melt**

**Brie & Leek Frittata**

**Strawberry Cheesecake French Toast Bake**

**White Chocolate Drizzle, Vanilla Whip**

## REHEATING INSTRUCTIONS

### Breakfast Sausage & Roasted Roma Tomatoes

Place container on oven-safe tray and bake, uncovered, at **190°C (375°F)** for **15-20 minutes**, until internal temperature reaches **74°C (165°F)**.

### Garden Vegetable & Bocconcini Salad

Place in a large bowl, add dressing, and toss well.

### Shredded Potato Cheese Melt

Place container on oven-safe tray and bake, uncovered, at **190°C (375°F)** for **20-25 minutes**, until internal temperature reaches **74°C (165°F)**.

### Brie and Leek Frittata

Place container on oven-safe tray and bake, uncovered, at **190°C (375°F)** for **20-25 minutes**, until internal temperature reaches **74°C (165°F)**.

### Strawberry Cheesecake French Toast Bake with White Chocolate Drizzle and Vanilla Whip

Place cake container on oven-safe tray and bake, uncovered, at **190°C (375°F)** for **10-15 minutes**. Serve with Vanilla Whip.

## NUTRITIONAL INFORMATION

**PLEASE NOTE:** All produced in a facility where these common allergens are present. May contain: peanuts, tree nuts, sesame, milk, eggs, fish/seafood, soy, wheat/gluten, sulphites, mustard.

**KEEP ALL ITEMS IN DINNER REFRIGERATED**

### BREAKFAST SAUSAGE & ROASTED ROMA TOMATOES

Nutrition Facts		Valeur nutritive	
Per 2 assorted pieces (110 g) pour 2 morceaux assortis (110 g)			
Calories 210	% Daily Value*		
Total Fat / Lipides 16 g	21 %		
Saturated / saturés 5 g	27 %		
+ Trans / trans 0 g			
Carbohydrate / Glucides 5 g			
Fiber / Fibres 1 g	4 %		
Sugars / Sucres 3 g	3 %		
Protein / Protéines 12 g			
Cholesterol / Cholestérol 45 mg			
Sodium 490 mg	21 %		
Potassium 350 mg	7 %		
Calcium 30 mg	2 %		
Iron / Fer 1.25 mg	7 %		

**SAUSAGE AND TOMATOES:** Ground pork, Tomatoes, Sugars (maple syrup), Water, Olive oil, Grainy Dijon mustard (water, mustard seeds, vinegar, salt, citric acid, natural flavours, potassium metabisulphites, turmeric), Lamb casing, Salt, Chives, Garlic, Black pepper, Thyme, Garlic powder, Onion powder, Dried parsley, Nutmeg, Sage.

**Contains:** Sulphites • Mustard

### GARDEN VEGETABLE & BOCCONCINI SALAD

Nutrition Facts		Valeur nutritive	
Per 1/2 cup (100 g) pour 1/2 tasse (100 g)			
Calories 260	% Daily Value*		
Total Fat / Lipides 19 g	25 %		
Saturated / saturés 9 g	44 %		
+ Trans / trans 0.2 g			
Carbohydrate / Glucides 7 g			
Fiber / Fibres 1 g	3 %		
Sugars / Sucres 4 g	4 %		
Protein / Protéines 16 g			
Cholesterol / Cholestérol 55 mg			
Sodium 160 mg	7 %		
Potassium 200 mg	4 %		
Calcium 300 mg	23 %		
Iron / Fer 0.5 mg	3 %		

**SALAD:** Bocconcini cheese (cheese: pasteurized milk, bacterial culture, rennet, liquid: water, potassium sorbate), Cucumber, Tomatoes, Orange peppers, Red peppers, Yellow peppers, Parsley.

**Contains:** Milk

**DRESSING:** Olive oil, Tomatoes, Liquid eggs (eggs, citric acid), Apple cider vinegar, Sugars (pasteurized white honey), Salt, Tomato paste (tomatoes, citric acid), Garlic, White wine vinegar, Black pepper, Paprika.

**Contains:** Eggs • Sulphites

### SHREDDED POTATO CHEESE MELT

Nutrition Facts		Valeur nutritive	
Per 1 cup (150 g) pour 1 tasse (150 g)			
Calories 240	% Daily Value*		
Total Fat / Lipides 11 g	15 %		
Saturated / saturés 4 g	21 %		
+ Trans / trans 0.2 g			
Carbohydrate / Glucides 28 g			
Fiber / Fibres 5 g	19 %		
Sugars / Sucres 5 g	5 %		
Protein / Protéines 8 g			
Cholesterol / Cholestérol 15 mg			
Sodium 380 mg	17 %		
Potassium 750 mg	16 %		
Calcium 175 mg	13 %		
Iron / Fer 5 mg	20 %		

**POTATO MELT:** Potatoes, Red peppers, Green peppers, Red onions, Farm Boy™ Shredded Cheese (milk, salt, calcium chloride, microbial enzyme, bacterial culture, red bell peppers, jalapeno peppers, flavouring, annatto), Olive oil, Seasoning (sugars (sugar, dextrose), dehydrated vegetables (garlic, onion, tomato), toasted wheat crumbs, salt, spices, turmeric, paprika, hydrolyzed vegetable protein (soy), citric acid, chipotle, natural smoke flavour, malic acid, canola oil, paprika extract, caramel colour), Garlic.

**Contains:** Milk • Soy • Wheat

### BRIE & LEEK FRITTATA

Nutrition Facts		Valeur nutritive	
Per 1/6 unit (200 g) pour 1/6 unité (200 g)			
Calories 360	% Daily Value*		
Total Fat / Lipides 24 g	32 %		
Saturated / saturés 9 g	49 %		
+ Trans / trans 0.4 g			
Carbohydrate / Glucides 11 g			
Fiber / Fibres 1 g	3 %		
Sugars / Sucres 3 g	3 %		
Protein / Protéines 24 g			
Cholesterol / Cholestérol 595 mg			
Sodium 870 mg	38 %		
Potassium 400 mg	9 %		
Calcium 300 mg	23 %		
Iron / Fer 4 mg	22 %		

**FRITTATA:** Liquid eggs (eggs, citric acid), Leeks, Brie double cream cheese (pasteurized milk, pasteurized cream, salt, calcium chloride, microbial enzyme, bacterial culture, penicillium candidum), Buttermilk (skim milk, guar gum, carrageenan, locust bean gum, salt, bacterial culture), Olive oil, Garlic, Parsley, Salt, Black pepper.

**Contains:** Milk • Eggs

# NUTRITIONAL INFORMATION

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## STRAWBERRY CHEESECAKE FRENCH TOAST BAKE

### Nutrition Facts Valeur nutritive

Per 1/6 container (162 g)  
pour 1/6 contenant (162 g)

Calories 430	% Daily Value*
	% valeur quotidienne*
Total Fat / Lipides 17 g	23 %
Saturated / saturés 9 g	46 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 60 g	
Fiber / Fibres 1 g	4 %
Sugars / Sucres 42 g	42 %
Protein / Protéines 10 g	
Cholesterol / Cholestérol 190 mg	
Sodium 320 mg	14 %
Potassium 175 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 2 mg	11 %

\* 5% or less is a little, 15% or more is a lot  
\* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

**FRENCH TOAST BAKE:** Liquid eggs (eggs, citric acid), Sugars (sugar, maple syrup), Strawberries, Cream cheese (milk ingredients, salt, bacterial culture, carob bean gum, sorbic acid), Wheat flour, Water, White chocolate (sugar, cocoa butter, whole milk powder, soy lecithin, natural vanilla flavour), Milk, Cream half-and-half (milk, cream, sodium citrate, sodium phosphate, carrageenan, locust bean gum), Liquid whole egg, Canola oil, Artificial and natural vanilla extract, Salt, Yeast, Sesame seeds, Cinnamon, Nutmeg, Tartrazine, Amaranth, Non stick spray (soy).

**Contains:** Sesame • Milk • Eggs • Soy • Wheat

## VANILLA WHIP

### Nutrition Facts Valeur nutritive

Per 2 tbsp (17 g)  
pour 2 c.à.s. (17 g)

Calories 50	% Daily Value*
	% valeur quotidienne*
Total Fat / Lipides 4.5 g	6 %
Saturated / saturés 3 g	15 %
+ Trans / trans 0.2 g	
Carbohydrate / Glucides 3 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 0.3 g	
Cholesterol / Cholestérol 15 mg	
Sodium 5 mg	0 %
Potassium 10 mg	0 %
Calcium 10 mg	1 %
Iron / Fer 0 mg	0 %

\* 5% or less is a little, 15% or more is a lot  
\* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

**VANILLA WHIP:** Whipping cream (cream, milk, carrageenan, mono & diglycerides, cellulose gum, polysorbate 80, sodium citrate), Sour cream (cream, milk, skim milk powder, modified corn starch, guar gum, carrageenan, carob bean gum, sodium citrate, sodium phosphate, bacterial culture), Icing sugar (sugar, cornstarch), Artificial and natural vanilla extract.

**Contains:** Milk