



INDULGENCE
DINNER FOR TWO

Esperienza Italiana

Eggplant Antipasto

Eggplant Bruschetta on Fresh Bread, Creamy Eggplant Soup

Orecchiette Pasta

White Wine Sauce, Pancetta, Leeks, Peas

Tuscan Beef Chuck Ragù

Creamy Parmigiano Polenta, Roasted Garlic Rapini

Brandied Tiramisu

Cappuccino Cream Sauce

INSTRUCTIONS

Eggplant Antipasto Eggplant Bruschetta on Fresh Bread, Creamy Eggplant Soup	Place soup in medium saucepan and cook over medium low heat until temperature reaches 165°F. Toast or grill bread. Serve topped with eggplant bruschetta.
Orecchiette Pasta White Wine Sauce, Pancetta, Leeks, Peas	Add 2 Tbsps. of water and place on oven tray. Bake, uncovered at 375°F for 15-20 minutes, until internal temperature reaches 165°F.
Tuscan Beef Chuck Ragù Creamy Parmigiano Polenta	Place on oven safe tray and bake, uncovered at 375°F for 20-25 minutes, until internal temperature reaches 165°F. Garnish with Walnut Gremolata.
Roasted Garlic Rapini	Place on oven safe tray and bake, uncovered at 375°F for 15 minutes.
Brandied Tiramisu Cappuccino Cream Sauce	In small saucepan over medium low heat, warm up cream for 5 minutes. Spoon warm cream onto plates and place cake over cream.

NUTRITIONAL INFORMATION

PLEASE NOTE, ALL PRODUCED IN A FACILITY WHERE THESE COMMON ALLERGENS ARE PRESENT. MAY CONTAIN: PEANUTS; TREE NUTS; SESAME; MILK; EGGS; FISH/SEAFOOD; SOY; WHEAT/GLUTEN; SULPHITES; MUSTARD.

EGGPLANT ANTIPASTO

Nutrition Facts Valeur nutritive	
Per 1/4 cup (60 mL) pour 1/4 tasse (60 mL)	
Calories 45	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 4 g	8 %
Saturated / saturés 0.5 g	1 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 2 g	4 %
Fiber / Fibres 1 g	2 %
Sugars / Sucres 1 g	2 %
Protein / Protéines 0.3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 135 mg	3 %
Potassium 75 mg	1 %
Calcium 10 mg	0 %
Iron / Fer 0.2 mg	0 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Eggplant Antipasto Ingredients: Eggplant, Tomatoes, Olive oil, Red peppers, Lemon juice, Red onions, Parsley, Salt, Black pepper

Contains: Wheat/gluten, Sulphites, Mustard

Storage: Keep refrigerated

CREAMY EGGPLANT SOUP

Nutrition Facts Valeur nutritive	
Per 1 cup (250 mL) pour 1 tasse (250 mL)	
Calories 90	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 3.5 g	7 %
Saturated / saturés 0.5 g	1 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 12 g	24 %
Fiber / Fibres 3 g	6 %
Sugars / Sucres 7 g	14 %
Protein / Protéines 3 g	6 %
Cholesterol / Cholestérol 0 mg	
Sodium 460 mg	11 %
Potassium 700 mg	14 %
Calcium 50 mg	1 %
Iron / Fer 1 mg	2 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Creamy Eggplant Soup Ingredients: Pureed tomatoes (tomatoes, sea salt, naturally derived citric acid), Water, Eggplant, Onions, Buttermilk (skim milk, guar gum, carrageenan, locust bean gum, salt, bacterial culture), Garlic, Olive oil, Basil, Salt, Black pepper

Contains: Milk

Storage: Keep refrigerated

PANZANELLA BUNS

Nutrition Facts Valeur nutritive	
Per 1 unit (50 g) pour 1 unité (50 g)	
Calories 170	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 3 g	6 %
Saturated / saturés 0.5 g	1 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 30 g	60 %
Fiber / Fibres 1 g	2 %
Sugars / Sucres 3 g	6 %
Protein / Protéines 6 g	12 %
Cholesterol / Cholestérol 25 mg	5 %
Sodium 350 mg	7 %
Potassium 75 mg	1 %
Calcium 10 mg	0 %
Iron / Fer 1.75 mg	3 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Panzanella Buns Ingredients: Wheat flour, Water, Liquid eggs (citric acid), Sugar, Canola oil, Salt, Yeast

Contains: Eggs, Wheat

ORECCHIETTE PASTA

Nutrition Facts Valeur nutritive	
Per 1/2 container (200 g) pour 1/2 contenant (200 g)	
Calories 390	% Daily Value* % valeur quotidienne*
Total Fat / Lipides 16 g	32 %
Saturated / saturés 6 g	12 %
+ Trans / trans 0.3 g	0 %
Carbohydrate / Glucides 40 g	80 %
Fiber / Fibres 3 g	6 %
Sugars / Sucres 3 g	6 %
Protein / Protéines 16 g	32 %
Cholesterol / Cholestérol 35 mg	7 %
Sodium 770 mg	15 %
Potassium 250 mg	5 %
Calcium 225 mg	4 %
Iron / Fer 2.5 mg	5 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Orecchiette Pasta Ingredients: Pasta (wheat), Chicken stock (water, chicken bones, carrots, celery, onions, parsley, thyme), White cooking wine, Leeks, Green peas, Parmigiano Reggiano cheese (unpasteurized milk, salt, rennet), Farm Boy™ Rolled Mild Pancetta (pork belly, salt, sugars (dextrose), seasoning, sodium ascorbate, sodium nitrite, potassium nitrate), Butter, Parsley, Olive oil, Cornstarch, Farm Boy™ Garlic flowers (garlic flowers, canola or sunflower oil, lactic starter, acetic acid, lactic acid), Salt, Black pepper

Contains: Milk, Wheat, Sulphites

Storage: Keep refrigerated

NUTRITIONAL INFORMATION

PLEASE NOTE, ALL PRODUCED IN A FACILITY WHERE THESE COMMON ALLERGENS ARE PRESENT. MAY CONTAIN: PEANUTS; TREE NUTS; SESAME; MILK; EGGS; FISH/SEAFOOD; SOY; WHEAT/GLUTEN; SULPHITES; MUSTARD.

TUSCAN BEEF CHUCK RAGU

Nutrition Facts	
Valeur nutritive	
Per 1/3 container (243 g) pour 1/3 contenant (243 g)	
Calories 360	% Daily Value*
Total Fat / Lipides 22 g	30 %
Saturated / saturés 11 g	56 %
+ Trans / trans 0.5 g	
Carbohydrate / Glucides 20 g	
Fiber / Fibres 3 g	12 %
Sugars / Sucres 7 g	7 %
Protein / Protéines 10 g	
Cholesterol / Cholestérol 85 mg	
Sodium 980 mg	43 %
Potassium 650 mg	14 %
Calcium 200 mg	15 %
Iron / Fer 2.5 mg	14 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Tuscan Beef Chuck Ragù

Ingredients: Pureed tomatoes (sea salt, naturally derived citric acid), Beef chuck Chicken stock (water, chicken bones, carrots, celery, onions, parsley, thyme), Cream (cream, milk, carrageenan, mono & diglycerides, cellulose gum, polysorbate 80, sodium citrate), Milk, Denatured red wine, Red onions, Carrots, Brown mushrooms, Parmigiano Reggiano cheese (unpasteurized milk, salt, rennet), Celery, Olive oil, Parsley, Salt, Garlic, Butter, Black pepper

Contains: Milk, Sulphites

Gremolata Ingredients: Walnuts, Parsley, Lemon juice, Lemon zest, Garlic, Salt, Black pepper, Olive oil

ROASTED GARLIC RAPINI

Nutrition Facts	
Valeur nutritive	
Per 1/2 container (75 g) pour 1/2 contenant (75 g)	
Calories 90	% Daily Value*
Total Fat / Lipides 8 g	11 %
Saturated / saturés 1.5 g	9 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 2 g	
Fiber / Fibres 2 g	7 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 4 g	
Cholesterol / Cholestérol 5 mg	
Sodium 440 mg	19 %
Potassium 150 mg	3 %
Calcium 125 mg	10 %
Iron / Fer 1.75 mg	10 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Roasted Garlic Rapini Ingredients:

Broccoli raab, Olive oil, Parmigiano Reggiano cheese (unpasteurized milk, salt, rennet), Farm Boy™ Garlic flowers (garlic flowers, canola or sunflower oil, lactic starter, acetic acid, lactic acid), Salt, Black pepper

Contains: Milk

Storage: Keep refrigerated

BRANDIED TIRAMISU CAPPUCINO CREAM SAUCE

Nutrition Facts	
Valeur nutritive	
Per 1/3 cake (128 g) pour 1/3 gâteau (128 g)	
Calories 300	% Daily Value*
Total Fat / Lipides 13 g	18 %
Saturated / saturés 8 g	41 %
+ Trans / trans 0.4 g	
Carbohydrate / Glucides 41 g	
Fiber / Fibres 0 g	0 %
Sugars / Sucres 32 g	32 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 55 mg	
Sodium 65 mg	3 %
Potassium 175 mg	4 %
Calcium 100 mg	8 %
Iron / Fer 1 mg	6 %
* 5% or less is a little, 15% or more is a lot * 5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Brandied Tiramisu Ingredients:

Water, Mascarpone cheese (pasteurized milk and cream, maltodextrin, mono and diglycerides, guar gum, carrageenan, carob bean gum, skim milk powder, sugars (fructose), citric acid, salt, potassium sorbate, natural flavour, calcium chloride), Sugars (sugar, icing sugar (sugar, cornstarch)), Eggs, Whipping cream (cream, milk, carrageenan, mono & diglycerides, cellulose gum, polysorbate 80, sodium citrate), Wheat flour, Instant coffee, Cocoa powder

Contains: Milk, Eggs, Wheat

Cappuccino Cream Sauce

Ingredients: Milk, Sugar, Whipping cream (cream, milk, carrageenan, mono & diglycerides, cellulose gum, polysorbate 80, sodium citrate), Water, Cornstarch, Instant coffee

Contains: Milk

Storage: Keep refrigerated